

# Analisis Praktik Residensi Keperawatan Medikal Bedah Pada Pasien Neglected Hip Dislocation Dextra Dengan Pendekatan Teori Self Care Orem di Rumah Sakit Umum Pusat Fatmawati Jakarta = Analysis of Medical Surgical Nursing Residency Practice in Neglected Hip Dislocation Dextra Patients Using Orem's Self Care Theory Approach at Fatmawati General Hospital, Jakarta

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## Abstrak

Praktik klinik residensi keperawatan medikal bedah pada pasien gangguan sistem muskuloskeletal bertujuan untuk mengimplementasikan peran perawat spesialis sebagai pemberi asuhan keperawatan, edukator, peneliti, dan inovator. Peran pemberi asuhan keperawatan dilakukan dengan menggunakan pendekatan Teori Self Care Orem pada pasien neglected hip dislocation dan 30 pasien lainnya dengan berbagai gangguan sistem muskuloskeletal. Peran sebagai edukator dilakukan oleh perawat spesialis terhadap pasien dan juga rekan sejawat di tatanan pelayanan rumah sakit. Penerapan EBN (Evidence Based Nursing) yaitu dengan mendengarkan musik untuk menurunkan nyeri pada pasien post operasi joint arthroplasty dilakukan untuk mengaplikasikan peran sebagai peneliti. Proyek inovasi juga dilakukan sebagai perwujudan peran sebagai inovator yaitu melalui pelaksanaan proyek inovasi berupa format pengkajian risiko DVT (Deep Vein Trombosis).

..... Medical surgical nursing residency clinical practice in patients with musculoskeletal system disorders aims to implement the role of specialist nurses as nursing care providers, educators, researchers, and innovators. The role of the nursing care provider was carried out using Orem's Self Care Theory approach to neglected hip dislocation patients and 30 other patients with various musculoskeletal system disorders. The role as an educator is carried out by specialist nurses for patients and also colleagues in the hospital service setting. The application of EBN (Evidence Based Nursing), namely by listening to music to reduce pain in postoperative joint arthroplasty patients, is carried out to apply the role of a researcher. Innovation projects are also carried out as an embodiment of the role as an innovator, namely through the implementation of an innovation project in the form of a DVT (Deep Vein Thrombosis) risk assessment format.