

# Partisipasi Suami dalam Keluarga Berencana Metode Operasi Pria (MOP) di Kecamatan Selebar Kota Bengkulu Tahun 2023 = Husband's Participation in Family Planning with the Male Operation Method (MOP) in Selebar District, Bengkulu City in 2023

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## Abstrak

Partisipasi pria di Indonesia dalam pemilihan KB berjenis MOP masih sangat rendah. Penelitian ini bertujuan untuk melihat gambaran partisipasi suami dalam KB MOP di Kecamatan Selebar Kota Bengkulu. Penelitian ini merupakan penelitian kualitatif dengan pendekatan studi kasus pada 10 orang informan utama yaitu suami yang memilih MOP dan suami yang memilih kontrasepsi lain. Pengumpulan data dilakukan dengan wawancara mendalam pada bulan Juni-Juli 2023 dan dilakukan analisis isi. Hasil penelitian memperlihatkan bahwa partisipasi suami dalam MOP disebabkan karena istri tidak bisa ber-KB lagi, ada efek samping dan kegagalan dari kontrasepsi sebelumnya. Suami yang memilih MOP memiliki pengetahuan dan keyakinan yang baik serta mendapatkan dukungan dari istri dan petugas kesehatan. Sementara suami yang memilih kontrasepsi lain memiliki pengetahuan yang kurang dan tidak memiliki keyakinan untuk melakukan MOP serta kurang mendapatkan dukungan dari keluarga, tokoh masyarakat maupun petugas kesehatan. MOP masih dianggap tabu dan ada anggapan tentang efek samping MOP yang dapat mengganggu fungsi seksual pria. Fasilitas MOP sangat terjangkau dan prosedur MOP dilakukan secara gratis. Keberadaan sarana informasi tentang MOP di lingkungan tempat tinggal kurang memadai namun informan dapat mengakses informasi secara pribadi melalui media cetak maupun digital seperti internet. Diperlukan strategi peningkatan penyuluhan, pembentukan kelompok KB pria dan peningkatan pengetahuan tentang MOP bagi kader dan tokoh masyarakat.

.....The participation of men in Indonesia in choosing the MOP type of family planning is still very low. This study aims to look at the picture of the husband in KB MOP in Selebar District, Bengkulu City. This research is a qualitative research with a case study approach on 10 main informants from husbands who choose MOP and husbands who choose other contraception. Data collection was carried out using in-depth interviews in June-July 2023 and content analysis was carried out. The results of the study revealed that the husband's participation in MOP was due to the fact that the wife could not take family planning anymore, there were side effects and failure of previous contraception. Husbands who choose MOP have good knowledge and confidence and get support from their wives and health workers. Meanwhile, husbands who chose other contraception had less knowledge and did not have the confidence to do MOP and received less support from their families, community leaders and health workers. MOP is still considered taboo and there are assumptions about the side effects of MOP that can interfere with male sexual function. The MOP facility is very affordable and the MOP procedure is performed free of charge. The existence of information facilities about MOP in the neighborhood is quite adequate, but informants can access information personally through print and digital media such as the internet. A strategy is needed to increase counseling, form family planning groups for men and increase knowledge about MOP for cadres and community leaders.