

Penerapan Teori Comfort Kolcaba dan Becoming A Mother Mercer pada Asuhan Keperawatan Ibu Seksio Sesarea dengan Breastfeeding Self Efficacy = Maternity Nursing Specialist Final Report Focus on Comfort Kolcaba Teory and Becaming A Mother Mercer Aplication in Nursing Care Cesarean Section Mothers With Breastfeeding Self Efficacy

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Abstrak

Bedah sesarea cenderung mengalami kesulitan dalam melakukan inisiasi menyusui dini karena keterbatasan mobilisasi, nyeri pada bekas operasi yang mengakibatkan tingkat keberhasilan menyusui yang rendah di antara wanita dengan operasi sesarea dan tingkat pemberian ASI eksklusif yang lebih rendah dan durasi menyusui lebih singkat. Penatalaksanaan keperawatan pada ibu seksio sesarea dengan memberikan asuhan keperawatan secara holistik menggunakan action research dan penerapan teori keperawatan. Penerapan teori kenyamanan Kolcaba dan becoming a mother Mercer pada lima kasus breastfeeding self- efficacy ibu seksio sesarea dengan membahas permasalahan yang dialami dan menguraikan peran perawat pada kasus tersebut dengan tujuan kebutuhan kenyamanan dan pencapaian perannya sebagai seorang ibu. Kejadian nyeri post operasi dapat diatasi dengan penerapan evidence based nursing practice pemakaian gurita. Penelitian dilakukan pada lima ibu post seksio sesarea yang mengalami nyeri didapatkan bahwa pemakaian gurita mampu mengurangi skala nyeri secara signifikan dan meningkatkan bonding attachment ibu dengan bayi. Ibu dan suami berperan aktif dalam mengikuti manajemen laktasi.

.....Mothers who undergo caesarean sections tend to experience difficulties in initiating early breastfeeding due to limited mobilization, postoperative pain which results in a low success rate of breastfeeding among women with caesarean sections and lower rates of exclusive breastfeeding and shorter duration of breastfeeding. Nursing management for cesarean section mothers by providing holistic nursing care using action research and application of nursing theory. The application of Kolcaba's theory of comfort and becoming a mother Mercer to five cases of breastfeeding self- efficacy of women for cesarean section by discussing the problems experienced and describing the role of the nurse in these cases with the aim of needing comfort and achieving her role as a mother. The incidence of postoperative pain can be overcome by applying evidence based nursing practice using octopus. Research conducted on five post-caesarean section mothers who experienced pain found that the use of octopus was able to reduce the pain scale significantly and increase the bonding attachment between mother and baby. Mothers and husbands play an active role in following lactation management.