

Internship at Fatmawati General Hospital from March 1st - April 28th 2023, "Analysis of Therapeutic Drug Monitoring in Patients with Non-Hodgkin's Lymphoma, Spinal Cord Injury, Diabetes Mellitus, and Stroke Infarction at Fatmawati General Hospital" = Internship at Fatmawati General Hospital from March 1st - April 28th 2023, "Analysis of Therapeutic Drug Monitoring in Patients with Non-Hodgkin's Lymphoma, Spinal Cord Injury, Diabetes Mellitus, and Stroke Infarction at Fatmawati General Hospital"

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Abstrak

Pemantauan terapi obat (PTO) adalah suatu proses yang mencakup kegiatan untuk memastikan terapi obat yang aman, efektif, dan rasional bagi pasien. Selain itu, PTO juga dilakukan untuk mengoptimalkan terapi obat dengan mengidentifikasi masalah terkait obat disertai dengan rekomendasi intervensi. Oleh karena itu, tugas khusus ini bertujuan untuk mengevaluasi masalah terkait obat/Drug Related Problem (DRP) pada pasien Limfoma Non Hodgkin yang dirawat di ruang rawat inap RSUP Fatmawati dan memberikan rekomendasi intervensi penyelesaian masalah terkait obat. Tugas khusus ini mengambil data secara prospektif dengan melihat lembar instruksi medik farmakologis dan pemantauan pemberian obat pasien, hasil pemeriksaan laboratorium, lembar pemantauan tanda vital pasien, catatan rekam medis pasien, serta CPPT pada sistem komputer terpadu rumah sakit. Data kemudian diolah dan dievaluasi terkait masalah terkait obat dengan menggunakan klasifikasi Pharmaceutical Care Network Europe (PCNE) V. Secara umum, terapi pengobatan kepada pasien sudah diberikan sesuai dengan indikasi dan memberikan efek terapi. Namun, masih terdapat beberapa pengobatan yang tidak sesuai dosis, frekuensi, dan durasi pengobatannya sehingga dapat terjadi DRP.

..... Drug therapy monitoring (PTO) is a process that includes activities to ensure safe, effective and rational drug therapy for patients. Apart from that, PTO is also carried out to optimize drug therapy by identifying drug-related problems accompanied by intervention recommendations. Therefore, this special task aims to evaluate drug-related problems (DRP) in Non-Hodgkin's Lymphoma patients treated in the inpatient ward at Fatmawati General Hospital and provide recommendations for interventions to resolve drug-related problems. This special task collects data prospectively by looking at pharmacological medical instruction sheets and monitoring patient medication administration, laboratory examination results, patient vital sign monitoring sheets, patient medical records, and CPPT on the hospital's integrated computer system. The data is then processed and evaluated regarding drug-related problems using the Pharmaceutical Care Network Europe (PCNE) V classification. In general, medical therapy to patients has been given according to indications and provided a therapeutic effect. However, there are still some treatments that do not match the dose, frequency, and duration of treatment so that DRP can occur.