

Efektivitas Protokol Enhanced Recovery After Cesarean Section (ERACS) RSIA Kemang Medical Care Tahun 2022 (Case Study) = Effectiveness of Enhanced Recovery After Cesarean Section (ERACS) Protocol RSIA Kemang Medical Care in 2022 (Case Study)

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Abstrak

Dengan kemajuan dalam bidang kedokteran yang terus menerus melakukan peningkatan perbaikan layanan demi kepuasan dan keselamatan pasien yang lebih baik. ERACS (Enhanced Recovery After Cesarean Section) merupakan suatu kemajuan dalam layanan kedokteran terutama dalam bidang obstetric, dimana pendekatan multimodal dalam persiapan pre operasi, intra operasi, dan juga pasca operasi. ERACS merupakan kolaborasi multidisiplin yang sangat menentukan keberhasilan luaran dari ERACS, kolaborasi anatar dokter spesialis obgyn, dokter spesialis anastesi, perawat/bidan, dan juga pasien itu sendiri. ERACS juga telah dilaksanakan di RSIA Kemang Medical Care sejak November 2021 dan masih menjadi pilihan layanan untuk pasien yang akan melahirkan secara operasi terencana/elektif sampai dengan saat ini. Untuk itu dalam upaya untuk menjamin mutu pelayanan di RSIA Kemang Medical Care, maka perlu untuk mengukur efektivitas (length of stay, nyeri, dan biaya) dari penerapan protocol ERACS di RSIA Kemang Medical Care tahun 2022.

Penelitian ini menggunakan pendekatan studi kuantitatif cross sectional. Dimana data yang diambil merupakan data sekunder untuk melihat kepatuhan penerapan protocol ERACS yang dilihat berdasarkan daftar tilik ERACS RSIA Kemang Medical Care. Selain itu juga melihat kepatuhan masing-masing tenaga kesehatan yang terlibat begitu juga dengan kepatuhan pasien yang menjalankan proyokol ERACS. Wawancara dilakukan kepada beberapa pihak manajemen sebagai pemangku kebijakan untuk memperkuat hasil penelitian. Berdasarkan hasil analisis statistik, dinyatakan bahwa terdapat hubungan yang signifikan (p value 0,04) antara kepatuhan penerapan protocol ERACS terhadap efektivitas ERACS di RSIA Kemang Medical Care. Dimana setiap kepatuhan penerapan protocol ERACS akan berpengaruh sebesar 8 kali terhadap efektivitas ERACS di RSIA Kemang Medical Care pada tahun 2022.

.....With advances in the medical field, we are continuously improving services for better patient satisfaction and safety. ERACS (Enhanced Recovery After Cesarean Section) is an advancement in medical services, especially in the field of obstetrics, where there is a multimodal approach in pre-operative, intra-operative and also post-operative preparation. ERACS is a multidisciplinary collaboration that really determines the success of ERACS outcomes, collaboration between ob-gyn specialists, anesthesiologists, nurses/midwives, and also the patients themselves. ERACS has also been carried out at RSIA Kemang Medical Care since November 2021 and is still the service of choice for patients who are going to give birth via planned/elective surgery until now. For this reason, in an effort to guarantee the quality of service at RSIA Kemang Medical Care, it is necessary to measure the effectiveness (length of stay, pain and costs) of implementing the ERACS protocol at RSIA Kemang Medical Care in 2022.

This research uses a quantitative cross sectional study approach. Where the data taken is secondary data to

see compliance with the implementation of the ERACS protocol which is seen based on the RSIA Kemang Medical Care ERACS checklist. Apart from that, it also looks at the compliance of each health worker involved as well as the compliance of patients who carry out the ERACS procedure. Interviews were conducted with several management parties as policy makers to strengthen the research results. Based on the results of statistical analysis, it was stated that there was a significant relationship (p value 0.04) between compliance with the implementation of the ERACS protocol and the effectiveness of ERACS at RSIA Kemang Medical Care. Where every compliance with the implementation of the ERACS protocol will have an impact of 8 times on the effectiveness of ERACS at RSIA Kemang Medical Care in 2022