

# Hubungan peran dan fungsi manajemen kepala ruang dengan Implementasi Program Stunting dan Wasting = The relationship between the role and function of headnurses management and the Implementation of the Stunting and Wasting Program

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## Abstrak

**Pendahuluan:** Perawat memiliki peran penting dalam mencegah meningkatnya angka kejadian stunting salah satunya yaitu memberikan asuhan keperawatan. Upaya Meningkatkan asuhan keperawatan pada pasien risiko stunting yang berkualitas dibutuhkan peran dan fungsi manajemen kepala ruangan.

**Tujuan:** Untuk mengidentifikasi hubungan peran dan fungsi manajemen kepala ruang dengan implementasi program stunting dan wasting.

**Metode:** Menggunakan rancangan cross sectional. Pengambilan sampel menggunakan Teknik purposive sampling dengan sampel 110 perawat yang bekerja di Rumah Sakit Umum Daerah Kabupaten Bekasi dengan kriteria inklusi perawat pelaksana yang bekerja pada ruangan yang menangani kasus risiko stunting dan wasting dengan masa kerja minimal 1 tahun tidak dalam tugas belajar, tidak dalam masa cuti dan bersedia menjadi responden. Instrumen penelitian terdiri dari peran kepala ruang, fungsi manajemen kepala ruang dan implementasi program stunting dan wasting yang disebarakan pada responden melalui tautan google form. Hasil uji validitas dan reliabilitas instrument nilai  $r = 0.313 - 0.818$  dan cronbach's alpha =  $0.922 - 0.945$ .

**Hasil:** Ada hubungan antara peran kepala ruang dengan implementasi program stunting dan wasting dengan kekuatan sedang dan arah positif ( $p = 0,0001$ ,  $r = 0,484$ ), demikian juga ada hubungan fungsi manajemen kepala ruang dengan implementasi program stunting dan wasting dengan kekuatan kuat dan arah positif ( $p = 0,0001$ ,  $r = 0,510$ ). Faktor yang paling mempengaruhi implementasi program stunting dan wasting yaitu fungsi pengorganisasian (niali koefisien Beta = 1,351), fungsi pengendalian (nilai koefisien Beta = 1,120) dan peran interpersonal (nilai koefisien Beta = -1,137).

**Kesimpulan:** Peran dan fungsi manajemen kepala ruang berhubungan dengan implementasi program stunting dan wasting. Faktor yang paling mempengaruhi implementasi program stunting dan wasting adalah fungsi pengorganisasian. Rekomendasi yang diberikan yaitu meningkatkan peran dan fungsi kepala ruang dalam implementasi program stunting dan wasting untuk mengoptimalkan implementasi program stunting dan wasting dan peningkatan implementasi program stunting dan wasting pada tahap implementasi keperawatan.

.....Introduction: Nurses have an important role in preventing the increase in the incidence of stunting, one of which is providing nursing care. Efforts to improve quality nursing care for patients at risk of stunting require the role and management function of the head nurses. Objective: To identify the relationship between the role and function of head nurses management and the implementation of the stunting and wasting program. Method: Using a cross sectional design. Sampling used purposive sampling technique with a sample of 110 nurses who worked at the Bekasi Regency Regional General Hospital with the inclusion criteria being executive nurses who worked in rooms that handle stunting and wasting risk cases with a minimum work period of 1 year, not on study assignments, not on leave. and willing to be a

respondent. The research instrument consisted of the role of the head nurses, the management function of the head nurses and the implementation of the stunting and wasting program which was distributed to respondents via a Google form link. The results of the validity and reliability test of the instrument value  $r = 0.313 - 0.818$  and Cronbach's alpha =  $0.922 - 0.945$ . Results: There is a relationship between the role of the headnurses and the implementation of the stunting and wasting program with moderate strength and a positive direction ( $p = 0.0001$ ,  $r = 0.484$ ), likewise there is a relationship between the management function of the head nurses and the implementation of the stunting and wasting program with strong strength and positive direction ( $p = 0.0001$ ,  $r = 0.510$ ). The factors that most influence the implementation of stunting and wasting programs are the organizing function (Beta coefficient value =  $1.351$ ), the control function (Beta coefficient value =  $1.120$ ) and interpersonal roles (Beta coefficient value =  $- 1.137$ ). Conclusion: The role and management function of the head nurses is related to the implementation of the stunting and wasting program. The factor that most influences the implementation of the stunting and wasting program is the organizing function. The recommendations given are increasing the role and function of the head nurses in implementing the stunting and wasting program to optimize the implementation of the stunting and wasting program and increasing the implementation of the stunting and wasting program at the nursing implementation stage