

Uji Validitas Isi dan Reliabilitas Screen for Child Anxiety and Related Emotional Disorders (SCARED) Child Version Versi Indonesia = Content Validity and Reliability of the Indonesian Version of Screen for Child Anxiety and Related Emotional Disorders (SCARED) Child Version

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Abstrak

Introduksi: Gangguan cemas merupakan salah satu gangguan yang sering terjadi pada anak dan remaja. Gangguan cemas dapat berdampak terhadap fungsi sosial maupun fungsi akademik seperti penghindaran sekolah, penurunan performa akademis hingga kejadian terhentinya sekolah. Oleh karena itu, sesuai rekomendasi American Academy of Child and Adolescent Psychiatry, deteksi dini gangguan cemas pada anak dan remaja penting untuk dilakukan, agar tidak menimbulkan dampak negatif yang lebih berat di kemudian hari. Salah satu kuesioner self-report untuk deteksi dini gangguan cemas pada anak dan remaja adalah Screen for Child Anxiety and Related Emotional Disorders (SCARED) Child Version. Kuesioner ini terdiri dari 41 item dengan waktu pengisian 8 – 10 menit, namun saat ini belum tersedia dalam Bahasa Indonesia. **Objektif:** Memperoleh SCARED Child Version versi Indonesia yang sah secara isi dan andal. **Metode:** Penelitian dilakukan dengan desain potong lintang dengan tujuan uji validitas isi dan uji reliabilitas. Uji validitas isi dilakukan dengan melibatkan sembilan orang ahli. Uji reliabilitas yang dilakukan adalah uji konsistensi internal pada 123 subjek yang terpilih secara random sampling di dua sekolah menengah pertama (SMP) dan dua sekolah menengah atas (SMA). **Hasil:** Uji validitas isi kuesioner SCARED Child Version versi Indonesia mendapatkan rerata nilai CVR/Ave sebesar 0,88 dan S-CVI/Ave sebesar 0,94. Uji reliabilitas konsistensi internal kuesioner SCARED Child Version versi Indonesia mendapatkan nilai total Cronbach's Alpha total sebesar 0,927 dan nilai ICC sebesar 0,928. **Simpulan:** SCARED Child Version versi Indonesia dapat menjadi alat ukur yang memiliki kesahihan isi (validitas isi) dan keandalan (reliabilitas) yang baik untuk mendeteksi dini gangguan cemas pada remaja.

.....Introduction: Anxiety disorders are one of the most common disorders in children and adolescents. Anxiety disorders can have an impact on social function and academic function, such as school avoidance, decreasing academic performance and drop out of school. Therefore, according to the recommendations of the American Academy of Child and Adolescent Psychiatry, early detection of anxiety disorders in children and adolescents is important, to prevent more severe negative impacts. One of the self-report questionnaires for early detection of anxiety disorders in children and adolescents is the Screen for Child Anxiety and Related Emotional Disorders (SCARED) Child Version. This questionnaire consists of 41 items and can be completed in 8 – 10 minutes, but currently it is not yet available in Indonesian. **Objective:** To obtain a valid and reliable Indonesian version of SCARED Child Version. **Methods:** This is a cross-sectional study design, with the aim of testing content validity and reliability. Content validity test was performed by involving nine experts. Reliability test was assessed by measurement of internal consistency, carried out on 123 subjects selected by random sampling from two middle schools and two high schools. **Results:** The content validity test of the Indonesian version of the SCARED Child Version resulted in CVR/Ave value of 0.88 and S-CVI/Ave of 0.94. The internal consistency reliability test of the Indonesian version of the SCARED Child

Version resulted in a total Cronbach's Alpha value of 0.927 and an ICC value of 0.928. Conclusion: The Indonesian version of the SCARED Child Version showed a good content validity and good reliability as a measuring tool for early detection of anxiety disorders in adolescents.