

# Faktor-faktor yang Berkontribusi terhadap Internalizing Problems pada Remaja Indonesia di Masa Pandemi COVID-19 = Contributing Factors of Internalizing Problems among Indonesian Adolescents in The COVID-19 Pandemic

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## Abstrak

Remaja rentan mengalami internalizing problems. Penelitian bertujuan untuk melihat interaksi faktor lingkungan dalam memprediksi internalizing problems pada remaja di masa pandemi. Penelitian merupakan studi skala nasional yang melibatkan 9.567 siswa SMA/ sederajat di berbagai provinsi di Indonesia ( $M = 16.37$ ,  $SD = 1.02$ ). Hasil analisis multiple linear regression menunjukkan jenis kelamin, faktor keluarga, faktor sosial, dan faktor ekonomi dapat memprediksi internalizing problems secara signifikan ( $F(8,9588) = 83,683$ ,  $p < .05$ ,  $R^2 = .065$ ), dengan jenis kelamin dan interaksi dengan teman sebagai kontributor.

.....Adolescents are prone to internalizing problems. This study aims to investigate how environmental factor predicts internalizing problems among adolescents during the pandemic. This is a national scale study involving 9.567 high school/vocational students from several provinces in Indonesia ( $M = 16.37$ ,  $SD = 1.02$ ). Multiple linear regression analysis indicated that gender, family factor, social factor, and economic factor significantly predicted internalizing problems ( $F(8,9588) = 83,683$ ,  $p < .05$ ,  $R^2 = .065$ ), with gender and peer interaction as the biggest contributor.