

## Ketersediaan dan Pengelolaan Obat Pasien HIV Bulan Januari Hingga Bulan April Tahun 2023 di Puskesmas Kecamatan Kramat Jati = Availability and Management of HIV Patient Medication from January to April 2023 at Kramat Jati Public Health Center.

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### Abstrak

Ketersediaan dan pengelolaan obat Antiretroviral (ARV) sebagai salah satu aspek krusial dalam menangani kasus pasien Human Immunodeficiency Virus (HIV) di Puskesmas. Evaluasi ketersediaan dan pengelolaan obat ARV di Puskesmas Kecamatan Kramat Jati diperoleh melalui data analisis kartu stok, Lembar Pemakaian dan Permintaan Obat (LPLPO), serta observasi terhadap penggunaan obat. Hasil menunjukkan bahwa ketersediaan obat ARV di Puskesmas Kramat Jati mencukupi kebutuhan setiap bulannya tanpa kekosongan stok. Pemakaian obat ARV didominasi oleh kombinasi dosis tetap atau Fixed Dose Combination (FDC), terutama FDC dewasa dan anak. Pengelolaan berjalan efektif dikarenakan koordinasi antara apoteker dan tenaga kesehatan lainnya untuk mengoptimalkan peresepan obat dan mencegah penumpukan stok yang jarang digunakan. Kolaborasi ini juga membantu dalam menjaga kepatuhan pasien terhadap pengobatan. Sistem pengelolaan obat yang efisien dan kolaborasi antar profesi dalam pengelolaan obat ARV di Puskesmas dapat memberikan pelayanan optimal bagi pasien HIV di masa mendatang. ....

The availability and management of Antiretroviral (ARV) drugs are crucial aspects in handling cases of Human Immunodeficiency Virus (HIV) patients at Community Health Centers. The evaluation of ARV drug availability and management at the Kramat Jati Sub-district Health Center was obtained through the analysis of stock cards, Drug Use and Request Forms (LPLPO), as well as observations of drug usage. The results indicate that the availability of ARV drugs at the Kramat Jati Health Center meets the monthly needs without stock shortages. The usage of ARV drugs is predominantly comprised of Fixed Dose Combination (FDC), especially for both adult and pediatric FDC. The management operates effectively due to coordination between pharmacists and other healthcare professionals to optimize drug prescriptions and prevent the accumulation of rarely used stock. This collaboration also aids in maintaining patient compliance with treatment. An efficient drug management system and interdisciplinary collaboration in ARV drug management at Community Health Centers can provide optimal service for HIV patients in the future.