

Praktik Kerja di Apotek Kimia Farma Periode 4 - 29 September 2023,
Observasi Pelayanan Kefarmasian dan Pengkajian Resep Pasien
Diabetes Melitus Tipe 2 di Apotek Kimia Farma 007 Djuanda =
Internship at Kimia Farma Pharmacy, 4th - 29th September 2023,
Observation of Pharmaceutical Services and Assessment of Prescription
for Patients with Diabetes Mellitus Type 2 at Kimia Farma Pharmacy
007 Djuanda

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Abstrak

Apotek merupakan salah satu sarana kegiatan pelayanan kefarmasian yang bertujuan untuk meningkatkan kualitas hidup pasien. Pelayanan farmasi klinik di apotek mencakup pengkajian resep, dispensing, Pelayanan Informasi Obat (PIO), konseling, pelayanan kefarmasian di rumah (home pharmacy care), Pemantauan Terapi Obat (PTO), dan Monitoring Efek Samping Obat (MESO). Program Rujuk Balik (PRB) merupakan pelayanan kefarmasian yang diberikan oleh apotek Kimia Farma 007 Djuanda, dimana pemberian obat-obatan kepada pasien penyakit kronis dengan kondisi stabil. Diabetes Melitus merupakan gangguan metabolik yang ditandai dengan peningkatan kadar glukosa darah melebihi normal, menjadi salah satu jenis penyakit kronik yang dilayani pada PRB. Tujuan dari observasi ini adalah untuk mengetahui kesesuaian pelayanan kefarmasian di Apotek Kimia Farma 007 Djuanda Bogor dengan standar pelayanan kefarmasian di Apotek, serta melakukan pengkajian resep pasien diabetes melitus Apotek Kimia Farma 007 Djuanda. Pengkajian resep dilakukan berdasarkan kelengkapan pada aspek administratif, farmasetik dan klinis, kemudian ditentukan apakah pemberian resep tersebut telah memenuhi persyaratan aspek atau belum. Berdasarkan hasil observasi dapat disimpulkan bahwa pelayanan kefarmasian yang diterapkan di Apotek Kimia Farma 007 Djuanda meliputi pengkajian resep, dispensing obat, PIO, konseling, pelayanan apotek digital sebagai pelayanan home pharmacy care, PTO, dan MESO serta hasil pengkajian resep terdapat belum memenuhi kelengkapan pada aspek administrasi dan aspek klinis berupa data diri pasien, alergi pasien, cara pemberian obat, duplikasi obat, dan interaksi obat.

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Pharmacy is one of the pharmaceutical service activities that aim to improve the quality of life of patients. Clinical pharmacy services at pharmacies include prescription review, dispensing, Drug Information Services (PIO), counseling, home pharmacy care, Drug Therapy Monitoring (PTO), and Monitoring Drug Side Effects (MESO). The Reverse Referral Program (PRB) is a pharmaceutical service provided by Kimia Farma 007 Djuanda pharmacy, which provides medicines to patients with chronic diseases with stable conditions. Diabetes Mellitus is a metabolic disorder characterized by an increase in blood glucose levels beyond normal, being one type of chronic disease served in PRB. The purpose of this observation is to determine the suitability of pharmaceutical services at the Kimia Farma 007 Djuanda Pharmacy in Bogor with the pharmaceutical service standards at the Pharmacy, and to assess the prescriptions of patients with diabetes mellitus at the Kimia Farma 007 Djuanda Pharmacy. Prescription review is carried out based on completeness in administrative, pharmaceutical and clinical aspects, then it is determined whether the prescription has fulfilled the required aspects or not. Based on the results of observations, it can be

concluded that the pharmaceutical services applied at the Kimia Farma 007 Djuanda Pharmacy include prescription review, drug dispensing, PIO, counseling, digital pharmacy services as home pharmacy care services, PTO, and MESO and the results of the prescription review do not yet complete of the administration and clinical aspects in the form of patient personal data, patient allergies, how to administer drugs, drug duplication, and drug interactions.