

## Edukasi Penggunaan Antibiotik kepada Pasien TB di Puskesmas Kecamatan Cengkareng Melalui Leaflet = Education on the Use of Antibiotics for TB Patients at the Cengkareng District Health Care Through Media Leaflets

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### Abstrak

Penyakit tuberkulosis (TB) disebabkan oleh *Mycobacterium tuberculosis* dan dapat menular melalui udara. Di Indonesia, TB memiliki dampak serius dengan 824.000 kasus dan 93.000 kematian per tahun. Pengobatan TB menggunakan obat anti-tuberkulosis (OAT) selama enam bulan tanpa putus untuk membasmi bakteri. Kepatuhan minum obat sangat penting untuk mencegah resistansi obat. Puskesmas memainkan peran kunci dalam edukasi pasien dan keluarga mengenai penggunaan obat. Edukasi dapat dilakukan dengan pemberian media informasi leaflet. Upaya ini diharapkan dapat meningkatkan kepatuhan minum obat dan efektivitas terapi, serta mengurangi resistansi antibiotik. Leaflet berisi informasi mengenai tujuan pengobatan, prinsip pengobatan, dampak putus obat dan cara minum obat. Leaflet dicetak pada kertas brosur glossy ukuran A5, dilipat dua sehingga terdiri dari 4 halaman. Halaman pertama sebagai cover dengan judul "Patuhi Minum Obat, Hindari TB-RO" menjelaskan tentang Tuberkulosis Resisten Obat (TB-RO). Halaman kedua berisi Tujuan Minum Obat dan Prinsip Pengobatan. Halaman ketiga memuat informasi mengenai Dampak Putus Obat. Halaman terakhir berisi Cara Minum Obat dan informasi kontak puskesmas.

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Tuberculosis (TB) is caused by *Mycobacterium tuberculosis* and can be transmitted through the air. In Indonesia, TB has a serious impact with 824,000 cases and 93,000 deaths per year. TB treatment uses anti-tuberculosis drugs (OAT) for six months without stopping to eradicate the bacteria. Compliance with taking medication is very important to prevent drug resistance. Community health centers play a key role in educating patients and families regarding medication use. Education can be done by providing information leaflets as a medium. This effort is expected to increase medication adherence and therapeutic effectiveness, as well as reduce antibiotic resistance. The leaflet contains information about the goals of treatment, principles of treatment, the effects of drug withdrawal and how to take medication. The leaflet is printed on A5 size glossy brochure paper, folded in half so that it consists of 4 pages. The first page as the cover with the title "Adhere to Taking Medicine, Avoid TB-RO" explains about Drug-Resistant Tuberculosis (TB-RO). The second page contains the Purpose of Taking Medicine and Principles of Treatment. The third page contains information regarding the Impact of Drug Withdrawal. The last page contains How to Take Medicine and contact information for the health center.