

Peran Persepsi Dukungan Sosial dan Prestasi Akademis terhadap Kepuasan Hidup Mahasiswa = The Role of Perceived Social Support and Academic Achievement on Life Satisfaction among College Students

Belinda Adriani Ariyantoputri, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920546034&lokasi=lokal>

Abstrak

Hustle culture pada mahasiswa dapat memengaruhi tingkat kesejahteraan mereka. Secara khusus, mahasiswa berkewajiban menyelesaikan studi dengan baik dan membutuhkan ketersediaan dukungan sosial yang memadai. Penelitian ini bertujuan untuk melihat peran persepsi dukungan sosial dan prestasi akademis terhadap kepuasan hidup mahasiswa. Keseluruhan partisipan berjumlah 130 orang yang berusia 18–25 tahun ($M = 21,03$, $SD = 1,034$) dan merupakan mahasiswa aktif Universitas Indonesia. Variabel pada penelitian ini diukur menggunakan Satisfaction with Life Scale (SWLS), Multidimensional Scale of Perceived Social Support (MSPSS), dan Indeks Prestasi Kumulatif (IPK). Hasil penelitian menunjukkan bahwa persepsi dukungan sosial dan prestasi akademis secara bersama-sama berperan signifikan terhadap kepuasan hidup ($R^2 = 0,288$, $F(2, 127) = 25,624$, $p = 0,000$). Perguruan tinggi diharapkan dapat membuat program yang memfasilitasi dukungan sosial sekaligus meningkatkan prestasi akademis mahasiswa.

.....Hustle culture among college students can influence their level of well-being. Specifically, college students must complete their studies well and they need adequate social support. This study aims to examine the role of perceived social support and academic achievement on students' life satisfaction. There are a total of 130 participants aged 18–25 ($M = 21,03$, $SD = 1,034$) who are active students at the University of Indonesia. Variables in this study were measured using Satisfaction with Life Scale (SWLS), Multidimensional Scale of Perceived Social Support (MSPSS), and Grade Point Average (GPA). The results of the study indicate that perceived social support and academic achievement simultaneously contribute to life satisfaction ($R^2 = 0.288$, $F(2, 127) = 25.624$, $p = 0.000$). Universities are encouraged to develop programs that facilitate students' social support while also enhancing their academic achievement.