

Clinical Botanical Medicine

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Abstrak

This comprehensive, fully revised and expanded 2nd Edition of Clinical Botanical Medicine provides clinicians with updated practical information on a broad range of diseases and conditions for which botanical medicine is effective. Special attention is given to toxicity and drug-herb interactions to ensure that the clinician is fully informed about the safety and efficacy of each botanical. Clinical Botanical Medicine, 2nd Edition discusses the interactions between the human body, pharmaceutical drugs, and plants and explores the multifaceted nature of botanical medicine. The book is comprised of revised and updated articles published over the years in Alternative and Complementary Therapies which illustrate the depth and complexity of botanical medicine's role in healing, and demonstrate how our western science-based understanding of herbs can benefit from acknowledging an approach that treats herbs as a whole, living part of healing.