

# Peran Adaptabilitas Karier Terhadap Efikasi Diri Dalam Pengambilan Keputusan Karier pada Mahasiswa yang Telah Mengikuti Program Magang Bersertifikat MBKM = The Role of Career Adaptability on Career Decision Self-Efficacy Among Undergraduate Students Who Have Participated in Magang Bersertifikat MBKM Program

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## Abstrak

Penelitian ini dilakukan untuk mengetahui peran adaptabilitas karier terhadap career decision self-efficacy (CDSE) pada mahasiswa yang telah mengikuti program Magang Bersertifikat MBKM. Partisipan dalam penelitian ini adalah 215 mahasiswa yang pernah mengikuti program Magang Bersertifikat MBKM. Pengukuran adaptabilitas karier dilakukan menggunakan Career Adapt-Abilities Scale (CAAS) milik Savickas dan Porfeli (2012) dan telah diadaptasi ke dalam Bahasa Indonesia oleh Sulistiati et al. (2018). Pengukuran CDSE dilakukan menggunakan Career Decision Self-Efficacy–Short Form (CDSE-SF) milik Betz et al. (1996) yang telah diadaptasi ke dalam Bahasa Indonesia oleh Sawitri (2008). Penelitian ini menggunakan analisis deskriptif dan analisis regresi linear sederhana untuk mengolah data. Hasil analisis simple regression menunjukkan bahwa kemampuan adaptabilitas karier mampu memprediksi secara signifikan CDSE pada mahasiswa yang telah mengikuti program Magang Bersertifikat MBKM ( $r = 0,724$ ,  $p < 0,05$ ). Hasil tersebut dapat memperkaya studi literatur mengenai evaluasi dari program Magang Bersertifikat MBKM, terutama yang mengaitkan adaptabilitas karier dengan CDSE.

.....The main goal of this research is to examine the role of career adaptability on career decision self-efficacy (CDSE) among undergraduate students who have participated in Magang Bersertifikat MBKM program. The participants of this research were 215 undergraduate students who have participated in the Magang Bersertifikat MBKM program. To measure the career adaptability, this research used Career Adapt-Abilities Scale (CAAS) which was created by Savickas and Porfeli (2012) and has been adapted into Indonesian by Sulistiati et al. (2018). The CDSE measurement is conducted with Career Decision Self-Efficacy–Short Form (CDSE-SF) which was created by Betz et al. (1996) and has been adapted into Indonesian by Sawitri (2008). Descriptive analysis and simple regression analysis was employed to conduct this research. The result of the simple regression analysis shows that career adaptability is able to significantly predict CDSE in alumni of Magang Bersertifikat MBKM undergraduate students ( $r = 0,724$ ,  $p < 0,05$ ). This result can enrich literature studies on the evaluation of the Magang Bersertifikat MBKM program, especially those that link career adaptability and CDSE.