

# Peran Adult Attachment Sebagai Moderator dalam Hubungan Adverse Childhood Experiences dan Relationship Satisfaction pada Dewasa Muda yang Telah Menikah = The Role of Adult Attachment as a Moderator in the Relationship of Adverse Childhood Experiences and Relationship Satisfaction in Married Young Adult

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## Abstrak

Pasangan yang telah menikah di Indonesia diketahui memiliki indeks kebahagiaan yang tinggi. Namun, pasangan yang menikah nyatanya juga menunjukkan angka perceraian dan KDRT yang cukup tinggi di Indonesia. Penelitian ini dilakukan untuk melihat hubungan adverse childhood experiences dan relationship satisfaction dengan dimensi adult attachment sebagai moderator pada pasangan dewasa muda yang sudah menikah di Jabodetabek (N=258). Pada penelitian ini, ACE diukur menggunakan ACE-Q, relationship satisfaction diukur menggunakan Relationship Assessment Scale (RAS), dan adult attachment diukur menggunakan ECR-RS. Setelah penelitian dilakukan, diketahui bahwa anxiety memperkuat dampak negatif ACE dan relationship satisfaction ( $b=0.26$ ,  $t=2.24$ ,  $p<.05$ ). Sedangkan, avoidance diketahui tidak berperan dalam hubungan ACE dan RS ( $b=-0.15$ ,  $t=-1.08$ ,  $p=.27$ ).

.....Married couples in Indonesia have a high happiness index of all marital status. But married couples also shows high divorce and domestic violence rates in Indonesia. This research was conducted to examine the relationship between adverse childhood experiences and relationship satisfaction with adult attachment dimensions as moderators in married young adult couples in Jabodetabek (N=258). ACE was measured using the ACE-Q, relationship satisfaction was measured using the Relationship Assessment Scale (RAS), and adult attachment was measured using the ECR-RS. It was discovered that anxiety strengthened the negative impact of ACEs and relationship satisfaction ( $b=0.26$ ,  $t=2.24$ ,  $p<.05$ ). Meanwhile, avoidance was found not to play a role in the relationship between ACE and RS ( $b=-0.15$ ,  $t=-1.08$ ,  $p=.27$ ).