

Hubungan Work-Family Conflict dengan Kepuasan Pernikahan pada Perawat di Rumah Sakit X Kelas A di Jakarta = The Correlation Between Work-Family Conflict and Marital Satisfaction Among Nurses at Class A X Hospital in Jakarta

Regina Putri Pratama, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920546582&lokasi=lokal>

Abstrak

Penelitian mengenai hubungan antara konflik kerja-keluarga (*work-family conflict*) dan kepuasan pernikahan pada berbagai sampel dengan karakteristik yang berbeda masih menunjukkan hasil yang tidak konsisten. Perawat merupakan kelompok profesi yang menarik untuk diteliti terutama mengingat perpaduan tuntutan mental, emosional, dan fisik yang harus dihadapi dalam pekerjaan keperawatan.

Penelitian ini bertujuan untuk melihat hubungan antara *work-family conflict* dengan kepuasan pernikahan pada perawat, terutama di Rumah Sakit X di Jakarta. Variabel *work-family conflict* diukur menggunakan Work and Family Conflict Scale (WAFCS) sedangkan kepuasan pernikahan diukur menggunakan Couple-Satisfaction Index-16 (CSI-16). Hasil penelitian menunjukkan bahwa *work-family conflict* berhubungan negatif secara signifikan dengan kepuasan pernikahan ($r = -0.215$; $p < 0.05$). Analisis mengenai hubungan kedua arah *work-family conflict* dengan kepuasan pernikahan menunjukkan bahwa arah *family interference with work* (FIW) memiliki hubungan negatif yang signifikan dengan kepuasan pernikahan ($r = -0.220$; $p < 0.05$). Sedangkan *work interference with family* (WIF) tidak memiliki korelasi yang signifikan dengan kepuasan pernikahan. Hasil tersebut berimplikasi pada pentingnya mengatasi dan memahami bagaimana keluarga dapat memengaruhi kewajiban pekerjaan untuk bisa meningkatkan kepuasan pernikahan serta keseimbangan kehidupan pekerjaan dan keluarga individu.

.....Studies on the relationship between work-family conflict and marital satisfaction on various samples with different characteristics still show inconsistent results. Nurses are an interesting professional group to study, especially due to the combination of mental, emotional, and physical demands that must be faced in nursing. This study aims to look at the relationship between work-family conflict and marital satisfaction in nurses, especially at Hospital X in Jakarta. Work-family conflict was measured using the Work and Family Conflict Scale (WAFCS) while marital satisfaction was measured using the Couple-Satisfaction Index-16 (CSI-16). The results showed that work-family conflict was significantly and negatively correlated with marital satisfaction ($r = -0.215$; $p < 0.05$). Analysis of the relationship between the two directions of work-family conflict and marital satisfaction showed that family interference with work (FIW) had a significant negative relationship with marital satisfaction ($r = -0.220$; $p < 0.05$). Meanwhile, work interference with family (WIF) does not have a significant correlation with marital satisfaction. These results imply the importance of addressing and understanding how family can influence work obligations to improve the individual's marital satisfaction and work-family life balance.