

# Praktik Kerja di Apotek Kimia Farma Kemanggisan (Pembuatan Brosur Edukasi Beyond Use Date Sediaan Farmasi di Puskesmas Kecamatan Kalideres) = Internship at Kimia Farma Kemanggisan Pharmacy (Making an Educational Brochure about Beyond Use Date of Pharmaceutical Preparations at Kalideres District Health Center)

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## Abstrak

Ketika obat yang disimpan akan digunakan, maka ada beberapa hal yang perlu diperhatikan diantaranya expired date, BUD, dan juga kondisi fisik obat. Istilah expired date sudah umum didengar oleh masyarakat namun tidak dengan istilah beyond use date (BUD). Sediaan farmasi yang sudah dibuka kemasan aslinya akan memiliki masa simpan yang berbeda dengan expired date yang tertera pada kemasan, masa simpannya akan menjadi lebih cepat yang dikenal dengan beyond use date (BUD). Pada tugas khusus Laporan Praktik Kerja Profesi Apoteker (PKPA) di Puskesmas Kecamatan Kalideres ini dilakukan pembuatan brosur edukasi & informasi beyond use date sediaan farmasi dan contoh analisis beyond use date (BUD) pada resep racikan puyer di Puskesmas Kecamatan Kalideres sehingga dapat digunakan sebagai bahan edukasi dan informasi. Selain itu pada tugas khusus ini dilakukan analisis penetapan BUD dari resep racikan yang ditujukan pada pasien anak. Selain informasi hasil analisis BUD, perlu disampaikan juga kepada pasien jika sebelum tanggal tersebut racikan puyer sudah berubah warna, bau, rasa, dan membentuk massa yang keras atau lembab dan lengket menggumpal, maka obat sudah tidak dapat lagi digunakan sebab obat sudah rusak dan tidak dapat dijamin efektifitas dan keamanannya. .... When the stored medicine is to be used, there are several things you need to pay attention to, including the expiration date, BUD, and also the physical condition of the medicine. The term expired date is commonly heard by the public, but not the term beyond use date (BUD). Pharmaceutical preparations that have been opened in their original packaging will have a shelf life that is different from the expiry date stated on the packaging, the shelf life will be shorter, known as the beyond use date (BUD). In this special task of the Pharmacist Professional Work Practice Report (PKPA) at the Kalideres District Health Center, educational brochures & information on beyond use date on pharmaceutical preparations and examples of beyond use date (BUD) analysis on puyer concoction recipes at the Kalideres District Health Center were made so that they could be used as educational materials. and information. In addition, in this special task, an analysis of BUD determination was carried out from concoction prescriptions aimed at pediatric patients. Apart from information on the results of the BUD analysis, it is also necessary to convey to the patient that if before that date the powder mixture has changed color, smell, taste, and formed a hard or moist and sticky lumpy mass, then the medicine can no longer be used because the medicine has been damaged and cannot be used. Guaranteed effectiveness and safety.