

Hubungan Dukungan Keluarga dengan Tingkat Ansietas pada Remaja Korban Perundungan di Kota Depok = The Relationship between Family Support and Anxiety Levels in Adolescent Victims of Bullying in Depok City

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Abstrak

Dukungan keluarga penting bagi remaja korban perundungan agar tidak mengalami ansietas parah. Tujuan penelitian ini mengetahui hubungan dukungan keluarga dengan tingkat ansietas pada remaja korban perundungan. Penelitian ini merupakan penelitian kuantitatif dengan desain penelitian korelasi dan pendekatan cross sectional. Jumlah sampel sebanyak 201 remaja korban perundungan. Instrumen yang digunakan adalah Adolescent Peer Relations Instrument (APRI), Perceived Social Support Family (PSS-Fa), dan Hamilton Anxiety Rating Scale (HAM-A). Hasil penelitian dianalisis menggunakan uji korelasi Rank-Spearman menunjukkan bahwa terdapat hubungan yang signifikan antara dukungan keluarga dengan tingkat ansietas pada remaja korban perundungan (p value = 0,000 ; = 0,05). Saran penelitian selanjutnya agar meneliti dukungan sosial lainnya yang memiliki pengaruh terhadap tingkat ansietas pada remaja korban perundungan.

.....Family support plays a crucial role in mitigating the severity of anxiety experienced by adolescent victims of bullying. This study aimed to investigate the relationship between family support and anxiety levels in adolescents who have been victims of bullying. This research is a quantitative study with a correlation research design and cross sectional. The sample size of 201 adolescents who had experienced bullying. The instruments utilized included the Adolescent Peer Relations Instrument (APRI), the Perceived Social Support Family (PSS-Fa), and the Hamilton Anxiety Rating Scale (HAM-A). The findings of the study were analyzed using the Rank-Spearman correlation test revealed a significant correlation between family support and anxiety levels in adolescents who have been victims of bullying (p -value = 0.000; = 0.05). Future research recommendations include exploring the influence of other forms of social support than can influence the anxiety levels in adolescents who have been victimsz of bullying.