

Hubungan antara parental attachment dan perceptions of parenting pada emerging adults = Relationship between parental attachment and perceptions of parenting in emerging adults

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Abstrak

Menjadi orangtua dan memiliki anak adalah salah satu kekhawatiran yang marak dipertanyakan pada rentang usia emerging adults. Penelitian ini bertujuan untuk menyelidiki hubungan antara parental attachment dan perceptions of parenting emerging adults. Perceptions of parenting diukur dengan menggunakan perceptions of Parenting Inventory (PoPI). Sedangkan, parental attachment diukur menggunakan Experiences in Close Relationship-Relationship Structures (ECR- RS) Questionnaire. ECR-RS mengukur parental attachment dengan mengukur tingkat dimensi avoidant dan anxious attachment yang dimiliki emerging adults dengan orangtua mereka. Partisipan penelitian ini berjumlah 98 partisipan emerging adults dengan rentang usia 20-25 tahun ($M = 21,96$), memiliki orangtua yang lengkap, dan memiliki kewarganegaraan Indonesia. Penelitian ini menemukan bahwa avoidance parental attachment ($r(-0,394) < 0,001$, $p < 0,01$) memiliki korelasi negatif yang signifikan dengan perceptions of parenting emerging adults. Di sisi lain, anxious parental attachment tidak ditemukan memiliki korelasi yang signifikan dengan perceptions of parenting emerging adults. Penelitian ini juga menemukan adanya hubungan antara parental attachment dan dimensi enrichment, commitment, continuity, dan perceived support dari perceptions of parenting emerging adults.

.....Becoming a parent and having children is one of the worries and frequently questioned during emerging adulthood. This research investigates the relationship between parental attachment and perceptions of parenting in emerging adults. Perceptions of parenting are measured using the Perceptions of Parenting Inventory (PoPI). Meanwhile, parental attachment is measured using the Experiences in Close Relationship-Relationship Structures (ECR-RS) Questionnaire. ECR-RS measures parental attachment by measuring the degree of avoidant and anxious attachment dimensions present in emerging adults with their parents. The participants of this research are 98 emerging adults aged 20-25 ($M = 21.96$), whose parents are still alive, and who have Indonesian citizenship. This research found a significant negative correlation between parental attachment ($r(-0.394) < 0.001$, $p < 0.01$) and perceptions of parenting in emerging adults. On the other hand, this research found no significant correlation between parental attachment and perceptions of parenting in emerging adults. This study also found correlations between parental attachment and enrichment, commitment, continuity, and perceived support dimensions of perceptions of parenting.