

## How to Grow Herbs

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### Abstrak

Culpepper Limited was formed in 1927, the aim was to revive the taste for wholesome natural medicines, pure cosmetics, and the use of herbs in cooking', Today Culpepper is the largest herbal specialist in Great Britain and the only herbalist to grow its own herbs. The natural, medicinal and therapeutic properties of herbs and plants have been used by mankind since time began. These practical and interesting guides illustrated with colour drawings contain comprehensive explanatory lists of herbs and how they can benefit you.