

# Analisis Praktik Residensi Keperawatan Medikal Bedah pada Pasien Prosthetic Joint Infection Post Total Knee Replacement (TKR) dengan Pendekatan Model Teori Adaptasi Sister Callista Roy di Rumah Sakit Fatmawati Jakarta = Analysis of Surgical Medical Nursing Residency Practice in Patients with Prosthetic Joint Infection Post Total Knee Replacement (TKR) with the Sister Callista Roy Adaptation Theory Model Approach at Fatmawati Hospital Jakarta

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## Abstrak

Pendahuluan : Karya tulis ilmiah akhir spesialis (KIAS) merupakan serangkaian kegiatan yang telah dilakukan selama proses praktik residensi, yang akan dirangkum dan dianalisis dalam laporan akhir praktik keperawatan ners spesialis keperawatan medikal bedah peminatan muskuloskeletal dengan mengelola kasus kelolaan utama pada pasien prosthetic joint infection (PJI) post TKR dengan pendekatan model teori adaptasi Sister Callista Roy dimana teori ini akan membagi menjadi empat komponen utama yaitu fisik, konsep diri, peran dan interdependensi yang menekankan kepada proses adaptasi pasien terhadap stimulus dari lingkungan yang terjadi sehingga diharapkan pasien dapat adaptif terhadap perubahan yang dialami. Penerapan evidence-based nursing (EBN) music therapy dapat menurunkan ansietas dan nyeri perioperatif pada pasien total hip replacement (THR) sehingga dapat mempercepat proses pemulihan pasien dan meningkatkan kepuasan pasien. Kelompok melakukan pengembangan proyek inovasi edukasi media cetak GeMa\_SCI (Gerakan Mencegah Komplikasi Spinal Cord Injury) yang diperuntukkan bagi perawat dan pasien yang merawat dan mengalami SCI. Edukasi ini berisi tentang bagaimana position technique yang dapat dilakukan agar menghindari komplikasi bagi pasien SCI.

.....Introduction: The final specialist scientific paper (KIAS) is a series of activities that have been carried out during the residency practice process, which will be summarized and analyzed in the final report of nursing practice for nurses specializing in musculoskeletal medical surgical nursing by managing the main management case in post TKR prosthetic joint infection (PJI) patients with the Sister Callista Roy adaptation theory model approach where this theory will divide into four main components, namely physical, self-concept, role and interdependence which emphasizes the patient's adaptation process to stimuli from the environment that occurs so that it is hoped that patients can be adaptive to the changes experienced. The application of evidence-based nursing (EBN) music therapy can reduce anxiety and perioperative pain in total hip replacement (THR) patients so that it can accelerate the patient's recovery process and increase patient satisfaction. The group developed the GeMa\_SCI (Movement to Prevent Complications of Spinal Cord Injury) print media education innovation project for nurses and patients who care for and experience SCI. This education contains position techniques that can be done to avoid complications for SCI patients.