

# Analisis Praktik Residensi Keperawatan Medikal Bedah Pada Pasien Sindrom Nefrotik Dengan Pendekatan Model Teori Adaptasi Calista Roy Di Rumah Sakit Fatmawati Jakarta = Analysis of Surgical Medical Nursing Residency Practices in Nephrotic Syndrome Using the Roy Adaptation Theory Approach at Fatmawati Hospital

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## Abstrak

Praktik Residensi Keperawatan Medikal Bedah merupakan suatu rangkaian kegiatan Pendidikan Ners Spesialis Keperawatan yang berfokus pada penerapan ilmu, riset dan teknologi keperawatan dalam memenuhi kebutuhan dasar pada pasien dewasa secara komprehensif. Kegiatan praktik residensi ini terdiri dari pemberian asuhan keperawatan pada pasien dengan gangguan sistem perkemihan menggunakan pendekatan model adaptasi Roy, dilaksanakan di RS Fatmawati Jakarta. Asuhan keperawatan utama dilakukan pada pasien Sindrom Nefrotik dengan Efusi Pleura dan Asites Moderat. Penerapan Evidence Based Nursing (EBN) berupa intervensi teknik needle bevel down dalam mengurangi waktu perdarahan post removal kanulasi fistula pada pasien hemodialisis. PD SMART MODUL merupakan proyek inovasi yang dilakukan residen berupa Peritoneal Dialysis Nurse Educator Guidance dalam upaya meningkatkan mutu pelayanan training pasien baru dan menurunkan risiko komplikasi CAPD.

.....Surgical Nursing Residency Practice is a series of Nursing Specialist Ners Education activities that focus on the application of nursing science, research and technology in meeting basic needs in adult patients comprehensively. This residency practice activity consists of providing nursing care to patients with urinary system disorders using the Roy adaptation model approach, carried out at Fatmawati Hospital. The main nursing care is carried out in patients with Nephrotic Syndrome with pleural effusion and moderate ascites. Application of Evidence Based Nursing (EBN) in the form of needle bevel down insertion interventions for hemodialysis patients in reducing post-removal fistula cannulation bleeding time. PD SMART MODUL is an innovation project carried out by residents in the form of Peritoneal Dialysis Nurse Educator Guidance in an effort to improve the quality of new patient training services and reduce the risk of CAPD complications.