

# **Peran Dukungan Orang Tua dalam Karier dan Kongruensi Karier dengan Orang Tua terhadap Career Decision-Making Difficulties = The Roles of Career-Related Parent Support and Career Congruence with Parent on Career Decision-Making Difficulties**

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## **Abstrak**

Penelitian ini bertujuan untuk mengetahui peran dukungan orang tua dalam karier dan kongruensi karier dengan orang tua terhadap career decision-making difficulties mahasiswa tingkat akhir. Penelitian ini menggunakan alat ukur Career-Related Parent Support Scale oleh Turner, Alliman-Brissett, Lapan, Udipi, dan Ergun (2003) dan Adolescent-Parent Career Congruence Scale oleh Sawitri, Creed, dan Zimmer-Gembeck (2013), dan Career Decision-Making Difficulties Questionnaire oleh Gati, Krausz, dan Osipow (1996) yang telah diadaptasi ke dalam bahasa Indonesia. Penelitian dilakukan kepada 410 mahasiswa tingkat akhir angkatan 2016 dan 2017 menggunakan teknik pengambilan data convenience sampling. Hasil analisis multiple regression menunjukkan bahwa dukungan orang tua dalam karier dan kongruensi karier dengan orang tua secara simultan berperan secara signifikan terhadap career decision-making difficulties mahasiswa tingkat akhir,  $F(2, 409)= 7,609$ ,  $p= 0,001$  ,  $R^2=0,036$ . Namun, hasil analisis secara parsial hanya menemukan kongruensi karier dengan orang tua yang memiliki peran signifikan secara positif terhadap career decision-making difficulties mahasiswa tingkat akhir, ( $= 0,25$ ,  $t= 3,45$ ,  $p= 0,001$ ). Berbeda dengan penelitian sebelumnya, hasil penelitian menunjukkan bahwa peran orang tua belum mampu mengurangi kesulitan dalam pengambilan keputusan karier mahasiswa tingkat akhir. Temuan ini mengindikasikan bahwa terdapat implikasi dan limitasi dari penelitian ini.

.....This study aims to examine the role of career-related parent support and career congruence with parents on career decision-making difficulties among final year students. This study uses the Career-Related Parent Support Scale by Turner, Alliman-Brissett, Lapan, Udipi, and Ergun (2003) and the Adolescent-Parent Career Congruence Scale by Sawitri, Creed, and Zimmer-Gembeck (2013), and Career Decision -Making Difficulties Questionnaire by Gati, Krausz, and Osipow (1996) which has been adapted in Indonesian. The study was conducted to 410 final year students of 2016 and 2017 using convenience sampling techniques. The results of multiple regression analysis showed that career-related parent support and career congruence with parents simultaneously played a significant role in career decision-making difficulties for final year students,  $F(2, 409)= 7,609$ ,  $p= 0,001$  ,  $R^2=0,036$ . However, the results of the partial analysis only found career congruence with parents who had a positive significant role on career decision-making difficulties for final year students ( $= 0,25$ ,  $t= 3,45$ ,  $p= 0,001$ ). In contrast to previous studies, the results showed that the roles of parents are unable to reduce career decision-making difficulties of final year students. These findings may indicate the limitations of this study.