

Hubungan dukungan sosial dengan kesejahteraan psikologis perawat = The Relationship between social support and the psychological Well-Being of nurses

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Abstrak

Kesejahteraan psikologis dan dukungan sosial merupakan elemen penting dalam mendukung produktivitas dan kualitas pelayanan perawat di berbagai fasilitas kesehatan. Penelitian ini bertujuan untuk mengidentifikasi hubungan dukungan sosial dengan kesejahteraan psikologis perawat. Cross sectional dan cluster random sampling digunakan sebagai metode dengan 173 responden. Pengumpulan data menggunakan kuesioner Multidimensional Scale of Perceived Social Support (MSPSS) dan kuesioner Ryff's Scale of Psychological well-being (RSPWB). Uji chi square digunakan untuk mengidentifikasi hubungan dua variabel. Hasil penelitian menunjukkan bahwa dukungan sosial perawat yaitu 1.2% rendah, 1,2% sedang dan 97,7% tinggi; kesejahteraan psikologis perawat yaitu 37% sedang dan 63% tinggi. Tidak ada hubungan antara dukungan sosial dengan kesejahteraan psikologis perawat (p 0,886). Hasil penelitian ini dapat menjadi referensi untuk penelitian lebih lanjut tentang dukungan sosial dan kesejahteraan psikologis perawat.

.....Psychological well-being and social support are important elements in supporting the productivity and quality of nursing services in various health facilities. The purpose of this research was to identify the relationship between social support and psychological well-being of nurses. Cross-sectional and cluster random sampling were used as methods with 173 respondents. Data collection used the Multidimensional Scale of Perceived Social Support (MSPSS) questionnaire and the Ryff's Scale of Psychological well-being (RSPWB) questionnaire. The chi-square test was used to identify the relationship between the two variables. The results showed that social support of nurses was 1.2% low, 1.2% moderate and 97.7% high; psychological well-being of nurses was 37% moderate and 63% high. There was no relationship between social support and psychological well-being of nurses (p 0.886). The results of this study can be a reference for further research on social support and psychological well-being of nurses.