

## Mind over Matter and Artificial Intelligence: Building Employee Mental Fitness for Organisational Success

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=9999920568076&lokasi=lokal>

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### Abstrak

This book explores mind over matter in a digital age and presents the importance of continued transformation of the mind to promote humane Artificial Intelligence for greater good. In doing so, it focuses on the organizational and managerial practices that are critical in creating an environment that supports mindset and organizational growth.

The digital age is significantly impacting employees and organizations and steering billions of people around the world. Artificial Intelligence has created a whole new paradigm with a revolution loftier than all the industrial revolutions and the innovations of the past millennia combined. We are either headed towards restoring humanity back to the “Imago Dei”, where creative powers are unleashed in human freedom, or advocating selective breeding and “survival of the fittest”.