

Vibrational Medicine for the 21st Century: A Complete Guide to Energy Healing and Spiritual Transformation

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Abstrak

This is a reference guide to energy medicine that explains many aspects of this new form of healing, which is central to the success of homoeopathy, flower essences and hands-on healing. The book describes what vibrational medicine is, its history in Eastern systems of health and provides scientific evidence that is intended to support an energy-based approach to health and well-being. The fundamental concepts are covered, including chakras and the meridians, as well as the key energy therapies such as homoeopathy, acupuncture, flower essences, colour and light, magnet therapy, radionics and hands-on healing. For each of these therapies, there is an explanation of what it is, how it works, problems that can be treated, specific remedies for particular ailments, and what is involved in a typical therapeutic session.