

Coronary Heart Disease: The Facts

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Abstrak

Coronary disease is the biggest killer and cause of disability in Europe and the United States. One in 12 men die from heart disease before reaching the age of 65. When the diagnosis has been made however, people are often too frightened or too anxious to want to find out how the disease occurred and how it could have been prevented. At the same time, many pressing questions arise that call out for clear answers: Will the patient need surgery? How life threatening is the condition? In the event of a heart attack, is another one imminent? Those seeking answers often find much of the available advice is superficial and even contradictory. This book provides an authoritative and reassuring account of what can go wrong with the heart, what can be done to prevent problems, what kinds of people are most likely to suffer from coronary disease, and what treatments are available and what they involve. The book also explores the future of this disease and what is being done to reduce or even eliminate its presence as one of the world's leading health problems. It has been written specifically for patients and their families, and for health-conscious individuals who are interested in detailed, frequently hard-to-find information. The book will also be of interest to nurses and other health-care professionals who care for patients with heart disease.