

Mosby's Fundamentals of Therapeutic Massage

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Abstrak

The Second Edition of Mosby's FUNDAMENTALS OF THERAPEUTIC MASSAGE, now in four-color, covers all of the fundamentals of therapeutic massage and teaches the reader how to skillfully apply massage techniques. It provides information on sanitation, hygiene, body mechanics, business practices, ethics, massage equipment and supplies, draping procedures, various massage environments, wellness and much more. A new, interactive format integrates workbook sections at the end of each chapter.