

Aromatherapy Anointing Oils: Spiritual Blessings, Ceremonies & Affirmations

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Abstrak

In *Aromatherapy Anointing Oils*, Joni Keim Loughran and Ruah Bull lead the reader through the world of anointing, with its essence—the oils—as their focus. They profile nearly 50 essential oils, explain why certain oils are well suited for anointing, and offer different approaches for applying oil to the body—whether for everyday, special occasions, or celebrations. They also show how to create a sacred space for anointing and how to make anointing oils and sprays.