

You Can Look Younger at Any Age: A Leading Dermatologist's Guide

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Abstrak

The American consumer is bombarded with commercials and ads promoting the latest products "guaranteed" to produce a sleeker, younger appearance and new procedures that promise to end wrinkles and other unsightly skin problems. But how can you determine which are actually good and worthwhile, which are truly worthless and downright bad? Nelson Lee Novick, M.D., a nationally recognized dermatologist, provides answers to these and a great many other questions in his medically based, straightforward, practical guide to achieving healthier, younger-looking skin safely.