



UNIVERSITAS INDONESIA

**RATIONALE FOR CONFERRING
an
HONORARY DOCTORATE
on
PROF. A.P.M. HEINTZ, MD., PhD**

**Degree Conferment Ceremony
For an Honorary Doctorate in
'Humanistic Medicine'**

and

**The Sustainability Of Research and Education
In Gynecologic Oncology and Urogynecology**

Universitas Indonesia

Depok, 26 July 2011

www.ui.ac.id



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**Reasoning for Conferring
an Honorary Doctorate in
'Humanistic Medicine'
And
The Sustainability Of Research And Education
In Gynecologic Oncology And Urogynecology
on Prof. A.P.M. Heintz, MD., Phd
at Universitas Indonesia**

In Indonesia, gynecologic cancer has the highest morbidity and mortality. For several decades, cancer is an issue that is not handled properly. One way to solve the problem is by increasing human resources in health services. The educational program was conducted in the Netherlands by Prof. Heintz, and invites experts from the Netherlands to transfer their knowledge to physicians and nurses in Indonesia. This educational program is financed by private charity organizations and foundations in the Netherlands and becomes a structured program through the Dutch school of Gynecologic Oncology and Pelvic Surgery.

Prof. A.P.M. Heintz, MD, PhD is one of the important people in developing the Dutch school program. He was born on the 5th of October 1944 in Rotterdam, the Netherlands. He went to medical school of Radboud University Nijmegen, got the medical doctor (MD) in 1972. He married with Ciel Overmaat and he was blessed with two daughters. He was member of the academic staff and clinical chief of the department of Gynecology at Leiden University Medical center from 1977 until December 1984. From July 1983 until July 1984 he studied gynecologic oncology at the University of California, Los

Angeles, USA. He got his PhD title in 1985 at Leiden University. From December 1984 until September 1988 he was head of gynaecologic oncology at the Antoni van Leeuwenhoek Hospital of the Netherlands Cancer Institute, Amsterdam, and the Netherlands. From September 1988 until November 2006 he was professor of Obstetrics and Gynecology, especially gynecologic oncology, at the University Medical Center Utrecht, University of Utrecht, and The Netherlands.

There are several reasons for conferring a professor honoris causa in humanistic medicine and the sustainability research and education in gynecologic oncology and urogynecology to Prof. A.P.M. Heintz, MD, PhD. The most important are:

First, we consider him as a leading scholar of gynecologic oncology, who promotes a sustainable program in the field as well as seeks to implement the humanistic medicine in the activities of the staffs at the faculty of medicine both regionally and internationally.

Second, he is a leading scholar who tirelessly promotes a visiting professor program for Dutch gynecologic oncologists as part of his services on the sustainable scientific development, education and organization in the gynecologic oncology division of the Cipto Mangokusumo hospital and University of Indonesia.

Third, he is the pioneer and supporter of the visiting professors program in the field of urogynecology and currently developed a program.

I. Implementation of humanistic medicine

Health services are facing various great difficulties and there are many things happening in most of the developing countries around the

world.¹ It should remind all of us on the crisis caused by the lack of professional education, well trained medical workers, experts necessary to effectively and comprehensively tackle various healthcare's problems including various medical litigations that become alarmingly expensive.

Moreover the insufficiency of physical and technological resources as well as the difficulty to get funding necessary for the medical program in many areas cause not only complaints against modern healthcare that seems to be sceptically blamed as 'not humane'. Rather it has also increased the creative search of alternative ways out, which hopefully gain more comprehensive 'paradigm' in improving the healthcare worldwide.

Despite various systemic symptoms of discontent and division on it, people are searching for new ways out of the crisis.² some of them suggest new paradigms in this crisis situation by promoting 'humanistic medicine'.

'Humanistic'—that first appearing in the early 19th century—is “the adjective derived from 'humanism': the belief in the humanity. Humanism came to refer to “the quality of being human; devotion to human interests or welfare” (Ibid).³ “This understanding of humanism expresses a devotion to rationally as a means of understanding the human condition.

¹ Cf. MJA, Vol. 177, 16/9-2002: 319-321.

² Cf. Prof. Miles Little, Emeritus Professor and Director of Centre for Values, Ethics and the Law in Medicine, University of Sydney

³ The meaning of Truth (William Jang)

The humanistic doctor from Prof. A.P.M, Heintz, MD, PhD demonstrates the following attributes (“I.E., C.A.R.E.S.”), IECARES is the acronym of: integrity, excellence, compassion, altruism, respect, empathy, and service.

Integrity

Prof. Dr. A. Peter M. Heintz, MD, PhD is the founder of the Dutch school program. He has developed this program to reduce the incidence of gynecologic cancer and to improve gynecologic cancer care. Because of his integrity, Dutch school programs can run up until now.

Excellence

He is an expert in his field both at a regional and international level. Besides that, he got many awards such as Betty Bos award on behalf of the society of gynecological cancer patients in the Netherlands in 1990, honorary faculty of the Association of Gynecological Oncologists of India in 2004, honorary member of the Dutch Society of Gynecologic Oncology in 2006, and Award of the International Gynecologic Cancer Society on Excellency in Gynecologic Oncology in Bangkok in 2008.

Compassion

His compassion is the fight against cancer. This is proved by being one of the four founding members of the International Gynecologic Cancer Society (IGCS) in 1987. In his opinion, Indonesia is still having a high incidence of cancer at an advanced stage. One of his efforts to reduce the incidence and suffering of these diseases is the development of cancer- and palliative care training to doctors and nurses. It is expected that the cancer incidence can be decreased on the long term

and patients with cancer can be handled more properly by their own Indonesian professionals.

Altruism

He is seeking to raise funds for the Dutch school program with great difficulty by proposals for teaching programs and research. In addition, he also conducts social activities such as biking tours to fund the Dutch school.

Respect

He also greatly values the opinions of others, religiously, culturally, scientifically and to teach and interact directly with national and international physicians with great respect for each other.

Empathy

When looking at patients with early as well as advanced cancer, he is very concerned with them. He made efforts to relieve suffering of cancer patients and to improve their quality of life by developing a palliative care program with nurses and doctors.

Service

He was very active in the development of care for gynecologic cancer patients both regionally and internationally. Besides that, he is available for consultation by responding either directly or through electronic media. In the field of education, he is very active in providing course material to the trainees or physicians in accordance with its knowledge and needs of individuals and institutions. He also conducts research that can be applied in society at large.

“Humanistic medicine” is a term compounded, for therapeutic purposes, with the good intent of reminding clinicians of their need to be compassionate and empathic.⁴ Prof. A.P.M. Heintz, MD, PhD has devoted and put his compassion and empathy for the good intent of human kind just as shown from his teaching program for doctors from developing countries, including Indonesia.

He is implementing the concept of “pay it forward” which is asking that a good deed shall be repaid to others instead of him. Together with his European colleagues he succeeded in turning the European Society into a vivid partner of the International Gynaecologic Cancer Society (IGCS) in the global fight against cancer. So, nationally as well as internationally Prof. A.P.M. Heintz, MD, PhD has contributed substantially to the development of gynaecologic oncology and to the care for women with cancer.

II.1 Advancing Prof. A.P.M. Heintz, MD, PhD on the Scientific Development and Education and Organization of the Gynaecologic Oncology Division

He is consistent in educating gynaecologic oncology staff at the Faculty of Medicine, University of Indonesia and many other teaching hospitals in Indonesia from 1988 until 2011. He compiled the program, helped us to get funds, and participated in the educational process, in which the first fellow who followed this educational program was dr. Andrijono, SpOG (K), which now is Prof. Dr. dr. Andrijono, SpOG (K). Now fellows and trainees can get education in the Netherlands for 6 months and the cost is fully paid by the Dutch

⁴ Little JM. Humanistic medicine or value based medicine. What is a name? Med J Tust. 2002. Sept 16; 177 (16): 319-21.

School of Gynecologic Oncology and Pelvic Surgery. Up to now, 13 staffs have joined the Gynecological Oncology educational program and 7 staffs from the Faculty of Medicine Gynaecological Oncology in Indonesia will soon join the program.

Another reason, he developed a visiting professor program from the Netherlands every 3 months to the Faculty of Medicine and educational hospital throughout Indonesia which is also paid by the Dutch School. This program includes giving lectures to students, residents, trainees, and consultants of gynecological oncology, guiding gynecological cancer surgery and speaking in scientific programs simultaneously.

He also became the pioneer in the field of the Urogynecology Visiting Professor Program, and currently he developed a program to improve urogynecology and gynecologic oncology nurses skills. The program is also held in several educational hospitals in Indonesia and the Faculty of Nursing, University of Indonesia.

Actively conducts research and encourages gynaecologic oncology staff members to do their own research and write international publications in the field of gynaecologic oncology, which starts with posters and oral presentations at international scientific meetings, as the ones of the International Gynaecologic Cancer Society (IGCS).

He triggered the idea of research of chemo radiation therapy for locally advanced cervical cancer in 1988 to improve the response to therapy and survival in advanced stage cervical cancer in Indonesia because cervical cancer in Indonesia is usually diagnosed in an advanced stage.

Moreover, he gives insight into the research in accordance with the gynaecologic cancer problem in Indonesia. One of the problems is the hydatidiform mole which triggered a study of vitamin A as a

predisposing factor that can be proved with 5 research ended with the achieved degree doctorate cum laude. Last, he stimulates the formation of professional organizations in Indonesia, which are engaged in research, services, and gynaecological cancer education, forming a set of Indonesian Society of Gynaecologic Oncology (INASGO) or Himpunan Onkologi Ginekologi Indonesia (HOGI) which is currently included into the organization of IGCS. He also initiated the training of surgical skills in pelvic floor surgery and hysteroscopy in gynaecologic oncology.

II.2 The Activity of Visiting Professor in Indonesia

His interest in the cancer care in the developing world is reflected by the fact that he personally started to train Indonesian gynecologists in gynecologic oncology. Even before he had ever trained a Dutch fellow he trained the Indonesian gynecologists Dr. Andrijono, SpOG (K) from Jakarta (now Prof. Dr. Andrijono, SpOG (K), University of Indonesia) at the van Leeuwenhoek hospital (Netherlands Cancer Institute) in Amsterdam. After his appointment to professor of Obstetrics and Gynecology in Utrecht (1988) he continued to train Indonesian gynecologists in this subspecialty: dr. Sigit Purbadi, SpOG (K) from Jakarta, dr. Einil Rizar, SpOG (K) from Medan, dr. Chamim, SpOG (K) from Jakarta, dr. Boy Busmar, SpOG (K) from Jakarta, and dr. Deri Edianto, SpOG (K) from Medan.

In 2004 the Indonesian Society of Gynecologic Oncology was officially founded in Jakarta. At that time came the request to him to be of help with the training of young gynecologists of Indonesia who had finished the formal training program of the Indonesian Society of Gynecologic Oncology. Together with Prof. Dr. dr. M. Farid Aziz, SpOG (K) and Prof. Dr. dr. Andrijono, SpOG (K), he came to the

idea that effective training should include visiting Professorships/teacher ships in Indonesia combined with a 6 month fellowship in the Netherlands for young Indonesian gynecologic oncologists. A problem with this idea was funding and a solid organization to carry this program.

In 2007 the Dutch School of Gynecologic Oncology was founded to organize education and training in gynecologic oncology and pelvic surgery in Indonesia, and on a smaller scale in India, and to get the necessary funding. Via this school the educational and training program is organized until today. Gynecologic oncology in Indonesia is the main activity of the Dutch School. The activities in urogynecology are practiced on a smaller scale.

In Indonesia between 2007 and 2011 Memoranda of Understanding were signed between the Dutch School and the state medical schools and their departments of obstetrics and gynecology of

- Jakarta : University of Indonesia
- Bandung : University of Padjadjaran
- Surabaya : University of Airlangga
- Malang : University of Brawijaya
- Yogyakarta : University of Gadjah Mada
- Solo : University of Sebelas Maret
- Denpasar : University of Udayana
- Makassar : University of Hasanuddin

Another MOU is planned to be signed in 2011 with Manado. The cooperation between the medical schools/universities includes the following activities:

- Visiting teachers/professors during 2 weeks 2-3 times a year in the medical schools with a fellowship program.
- Visiting teachers/professors 2 times a year in other medical schools
- Fellowships of 6 months in Dutch Cancer Centers for young gynecologists who have finished the Indonesian fellowship program since 2002.
- Short fellowships of 4 months in a dedicated area of surgical gynecology for young gynecologists who want to subspecialist in gynecologic oncology or urogynecology: pilot in 2011 (laparoscopy, hysteroscopy etc.)

The Indonesian fellows are asked to participate in the teaching programs in Indonesia after returning from the Netherlands (teach the teacher).

In 2011, Prof. Heintz with the Dutch School will start with a teaching program for nurses in gynecologic oncology and urogynecology. This program will be developed primarily in close cooperation with the University of Indonesia Jakarta, and University of Padjajaran Bandung. Four Dutch nurse specialists (2 oncology and 2 urogynecology) will visit the Universities of Indonesia and University of Padjajaran in spring and summer to discuss with their colleagues what the best way is to develop this additional training program. In autumn 2011 a small group of nurses will visit the Netherlands to study the possibilities of the sub specialization programs in gynecologic oncology and urogynecology.

Until February 2011 the following Indonesian gynecologists studied in the Netherlands with support of the Dutch School:

- Dr. Hariyono Winarto, Jakarta, University Medical Center Utrecht, Diaconessenhuis Utrecht
- Dr. Tricia Dewi Anggraeni, Jakarta, University Medical Center Utrecht, Antoniusziekenhuis Nieuwegein
- Prof. Dr. dr. Syahrul Rauf, Makassar, Radboud Medical Center, Nijmegen
- Dr. Rina Massadah, Makassar, Radboud Medical Center, Nijmegen
- Dr. Tatit Nurseta, Malang, University Medical Center Maastricht
- Dr. Kartiwa Hadi Nuryanto, Jakarta, studied for his masters in clinical epidemiology at the University of Utrecht with financial support of Asia Link and on the request and by the support of the Dutch School.

For 2011 and 2012 the following fellows are expected in the Netherlands:

- Dr. Maringan D.L. Tobing, Bandung, Spaarneziekenhuis Hoofddorp: summer 2011
- Dr. Hassanudin, Banda Aceh, Radboud MC Nijmegen
- Dr. Brahmana Ashkandar, Surabaya, University of Medical Center Utrecht
- Dr. Hariadi Yuseran, Banjarmasin: Erasmus medical Center and Albert Schweitzer Hospital
- dr. Irawan Sastradinata, Palembang: scheduled December 2011

- Dr. Andi Darma Putra, Jakarta: scheduled December 2011

The following young gynecologists have started their introduction in Pelvic Surgery

- Dr. Henny Putri, Jakarta, Diakonessenhuis, Utrecht
- Dr. Addin, Yogyakarta, Haga hospital, The Hague.

In preparation: administrative procedure going on:

- dr. Gatot NAW, Bandung: scheduled autumn 2011 University Medical Center St. Radboud, Nijmegen.
- Dr. Ali Budi Harsono, Bandung: scheduled 2012
- All fellows who finish their subspecialty training in Jakarta, Bandung and Surabaya will be entered in this program

Prof. A.P.M. Heintz, MD., PhD has sent the following visiting teachers to Indonesia in the period 2007-2011:

Prof. Dr. A.P.M. Heintz, MD., PhD, Utrecht: Jakarta, Bandung, Surabaya, Solo, Yogyakarta, Malang, Denpasar, and Makassar: 2007-2011

Prof. Dr. R. Verheijen, Utrecht: Jakarta, 2010

Dr. C. Van der Vaart, Utrecht: Makassar and Bandung: 2008

Dr. J.P. Roovers, AMC, Amsterdam, Makassar, Bandung, Jakarta 2008, 2009

Dr. M. Van Haaften, Utrecht: Denpasar 2010

Prof. Dr. C. Burger, Rotterdam: Bandung 2010 and 2011

Prof. Dr. M. Burger, Amsterdam: Surabaya 2010, Yogyakarta 2011

Dr. J. van der Velden, Amsterdam: Jakarta 2009 and 2010, Surabaya 2010

Dr. M. Schilthuis, Amsterdam: Bandung 2010

Prof. Dr. R. Kruijtwagen, Maastricht, Malang 2010

Prof. Dr. A.A.W. Peters, Leiden, Denpasar 2008, 2009, 2010

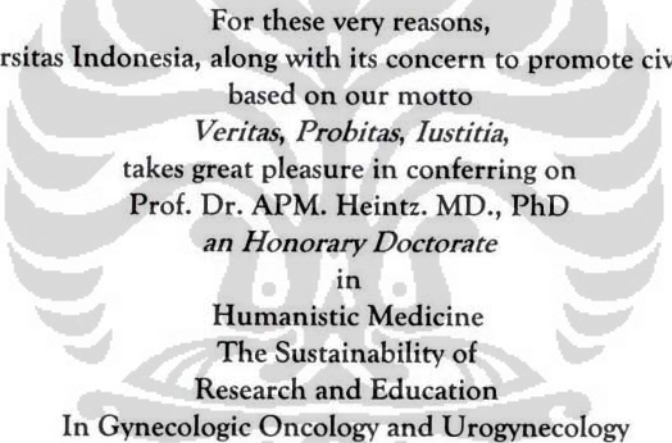
Prof. Dr. L. Massuger, Nijmegen: Jakarta, Bandung and Makassar, 2008, 2009, 2010

Dr. R. Bekkers, Nijmegen, Jakarta, Bandung: 2008, 2009, 2010.

In 2010, Prof Heintz started together with the local gynecologic oncologists colposcopy courses for residents. First two pilots were organized in Denpasar and Makassar. Because of the success and the high appreciation of the residents, it was decided to organize these courses on a larger scale on all medical schools that cooperate with the Dutch School. This will be implemented in close cooperation with Prof. Dr. Andrijono, SpOG (K) starting 2011.

III. Conclusion

Having considered his dedication and contribution, we believe Prof. A.P.M. Heintz, MD, PhD deserves this award. His influence on the development of gynecologic surgery, gynecologic oncology, urogynecology, as well as his efforts in eradicating gynecology cancer in developing countries are inspiring for all of us.



For these very reasons,
Universitas Indonesia, along with its concern to promote civilization
based on our motto
Veritas, Probitas, Iustitia,
takes great pleasure in conferring on
Prof. Dr. APM. Heintz. MD., PhD
an Honorary Doctorate
in
Humanistic Medicine
The Sustainability of
Research and Education
In Gynecologic Oncology and Urogynecology

Curriculum Vitae of Prof. A.P.M. Heintz, MD, PhD

Full name: Peter Heintz (Adrianus Petrus Maria)

Born: November 5th, 1944 in Rotterdam, the Netherlands

Married to : Ciel Overmaat

Children: Fraukje, 04 10 1972

Maartje, 18 05 1974

Nationality: Dutch



Academic Training:

- Medical School: Radboud University Nijmegen. MD: 04 02 1972
- Training OB/GYN: Leiden University Medical Centre. Registered: 01 03 1977
- Oncology Training: Leiden University Medical Centre, the Netherlands Cancer Institute. 1979-1980. University of California Los Angeles USA: July 1983-July 1984.
- PhD: 1985, Leiden University On the thesis: Ovarian Carcinoma: Surgical treatment and prognosis.

Academic Positions :

- 1977-December 1984: Member of the academic staff, and clinical chief of the department of Obstetrics and Gynecology, Leiden University Medical Centre

PROF. A.P.M. HEINTZ, MD., PhD

- December 1984-September 1988: Member of the staff and head of Gynecologic Oncology, Antoni van Leeuwenhoek Hospital/The Netherlands Cancer Institute Amsterdam
- October 1988-November 2006: professor of Obstetrics and Gynecology, especially gynecologic oncology, University of Utrecht, University Medical Centre Utrecht
- November 2006 - ongoing: research appointment at the University Medical centre Utrecht
- 2007 - 2010: Director of the Dutch School of Gynecologic Oncology and Pelvic Surgery
- 2010- ongoing: Chairman of the Dutch School of Gynecologic Oncology and Pelvic Surgery

PhD Projects

27 PhD students have successfully completed their PhD research under the supervision of prof. Heintz (addendum 1).

Publications :

Prof. Heintz is the author/co-author of more than 230 publications of which 170 are listed in Pubmed at present. (Addendum 2)

International Positions (non paid positions)

- Founding member, later council member, vice-president and president of the International Gynecologic Cancer Society: 1987-2002

- Member of the scientific committee of the international meetings of IGCS: 1987, 1989, 1991, 1993, 1995, 1997, 1999, 2001, 2003, 2005.
 - Editor Europe of the International Journal of Gynecologic Oncology 1987-2002
 - Council member of the European Society of Gynecological Oncology 1999-2002
 - Elected member of the Society of Pelvic Surgeons (USA): 2002-ongoing.
 - Member of the Society of Gynecologic Oncology (USA): 1991-ongoing
 - Member of the Data monitoring and Ethics committee of three trials of the Medical Research Council, London, UK:
 - ASTEC trial on the treatment of endometrial cancer,
 - UKCTOCS trial on the screening on ovarian cancer,
 - CHORUS trial on debulking vs. interval debulking in ovarian cancer patients.
- Astec trial is closed recently; UKCTOCS and CHORUS are still open.
- Member of the editorial board of the Annual Report on Gynecologic Cancer in the World of the International Federation of Obstetrics and Gynecology (FIGO): ongoing
 - Member of the scientific committee of the first IGCS regional meeting, New Delhi, 2-3 April, 2011.

National Positions

- Betty Bos award on behalf of the society of gynecological cancer patients in the Netherlands, 1990
- Honorary faculty of the Association of Gynecological Oncologists of India: 2004
- Honorary Member of the Dutch Society of Gynecologic Oncology: 2006
- Award of the International Gynecologic Cancer Society on Excellency in Gynecologic Oncology: Bangkok 2008



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