

### Daftar Pustaka

- Aiken, L.R. (1985). *Psychological testing and assessment (5<sup>th</sup> ed)*. Massachusetts: Allyn and Bacon, Inc.
- Anastasi, Anne., dan Urbina, Susana. (1997). *Psychological Testing*. New Jersey: Prentice Hall.
- Carlson, Neil R. (2002). *Foundation of Physiological Psychology (5<sup>th</sup> ed)*. Boston: Allyn and Bacon.
- Davison, Gerald C., dan Neale, John M. (2007). *Abnormal Psychology (10<sup>th</sup> ed)*. USA: John Wiley dan Sons, Inc.
- Deasyanti. (1991). *Hubungan antara Kecemasan Tes, Kebiasaan Belajar, Prestasi Belajar pada Mahasiswa Fakultas Psikologi UI*. Depok : FPSi UI.
- DeVellis, Robert F. (2003). *Scale Development, Theory and Applications (2<sup>nd</sup> ed)*. California: SAGE Publications.
- DiMatteo, M Robin., dan Martin, Leslie R. (2002). *Health Psychology*. Boston : Allyn and Bacon.
- Elliott, Stephen N., dan Kratochwill, Thomas R. (2000). *Educational Psychology*. Boston: McGraw Hill.
- Essau, Cecilia A., dan Petermann, Franz. (2001). *Anxiety Disorders in Children and Adolescents*. USA : Brunner-Routledge.
- Fausiah, Fitri., dan Widury, Julianti. (2006). *Psikologi Abnormal Klinis Dewasa*. Jakarta : Universitas Indonesia Press.
- Green, Luethel Tate. (1990). Test Anxiety, Mathematics Anxiety, and Teacher Comments: Relationships to Achievement in Mathematics Classes. *The Journal of Negro Education*, Vol. 59, No. 3, pp. 320-335.
- Guilford, J.P., Fruchter, B. (1978). *Fundamental Statistics in Psychology and Education (6<sup>th</sup> ed)*. Tokyo: McGraw Hill.
- Ho, Hsiu-Zu., et al. (2000). The Affective and Cognitive Dimensions of Math Anxiety: A Cross-National Study. *Journal for Research in Mathematics Education*, Vol. 31, No. 3, 362-379.
- Iskandar, Yul. (1990). *Tidur pada Pasien Depresi*. Jakarta : Fakultas Pascasarjana UI.

- Iskandar, Yul. dan Setyonegoro, R Kusumanto. (1985). *Psikiatri Biologik Vol III*. Jakarta : Yayasan Dharma Graha.
- Japardi, Iskandar. (2002). *Gangguan Tidur*. ([www.library.usu.ac.id](http://www.library.usu.ac.id)). Diambil secara online pada 1 Februari 2008.
- Kaplan, R.M., dan Saccuzzo, D.P. (2005). *Psychological testing: principles, applications, dan Issues*. CA: Thomson Wadsworth.
- Kerlinger, F.N., dan Lee, H.B. (2000). *Foundation of Behavioral Research*. Orlando : Harcourt College Publisher.
- Klausmeier, Herbert J. (1985). *Educational Psychology (5<sup>th</sup> ed)*. New York: Harper dan Row, Publishers.
- Kumar, R. (1996). *Research Methodology: step-by-step guide for beginners*. California: Sage Publication Inc.
- Lewis, Stuart A. (1976). *Sleep*. Dalam Krauss, Stephen. *Encyclopaedic Handbook of Medical Psychology* (p.509-511). London : Butterworths.
- Lichstein, Kenneth L., dan Morin, Charles M. (2000). *Treatment of Late-Life Insomnia*. California : Sage Publications Inc.
- Lufi, Dubi., Okasha, Susan., dan Cohen, Arie. (2004). Test Anxiety and Its Effect on the Personality of Students with Learning Disabilities. *Journal of Learning Disability Quarterly*, Vol. 27, No. 3, 176-184.
- Ormrod, Jeanne Ellis. (2006). *Educational Psychology Developing Learners (5<sup>th</sup> ed)*. New Jersey : Pearson Merrill Prentice Hall.
- Prasadj, Andreas A. (n.d.). *Pola Tidur Remaja-Dewasa Muda*. <http://sleepclinicjakarta.tblog.com/>. Diambil secara online pada 25 Desember 2007.
- Priest, R G., et al. (1979). *Sleep Research*. Maryland : MTP Press Limited.
- Rost, Detlef H., Schermer, Franz J. (1989). *The Various Facets of Test Anxiety : A Subcomponent Model of Test Anxiety Measurement*. Dalam Schwarzer, Ralf., Van Der Ploeg, Henk M., dan Spielberger, Charles D. (1989). *Advances in Test Anxiety Research Vol 6* (p.37-52). Amsterdam : Swets dan Zeitlinger BV. Lisse.

- Schatzberg, Allan F., dan Nemeroff, Charles B. (2004). *Textbook of Psychopharmacology (3<sup>rd</sup> ed)*. Washington DC : American Psychiatric Publishing Inc.
- Sena, Jolyn D W., Lowe, Patricia A., dan Lee, Steven W. (2007). Significant Predictors of Test Anxiety Among Students With and Without Learning Disabilities. *Journal of Learning Disabilities*; 40, 4; Academic Research Library.
- Sharma, S., dan Sud, S. (1989). *Cognitive Attentional Theory of Test Anxiety : An Empirical Test in Indian Settings*. Dalam Schwarzer, Ralf., Van Der Ploeg, Henk M., dan Spielberger, Charles D. (1989). *Advances in Test Anxiety Research Vol 6* (p.53-60). Amsterdam : Swets dan Zeitlinger BV. Lisse.
- Soekadji, S., dkk. (1988). *Kumpulan Bahan Kuliah Kesulitan Belajar*. Depok : Universitas Indonesia.
- Suryabrata, Sumadi. (2002). *Psikologi Pendidikan*. Jakarta : PT RajaGrafindo Persada.
- Taylor, Joanne., dan Deane, Frank P. (2002). Development of a short form of the test anxiety inventory (TAI). *The Journal of General Psychology*; 129, 2; ProQuest Psychology Journals.
- Taylor, Shelley E. (1999). *Health Psychology (2<sup>nd</sup> ed)*. Los Angeles : McGraw Hill.
- Taylor, Shelley E. (2006). *Health Psychology (6<sup>th</sup> ed)*. New York : McGraw Hill.
- Thompson, Richard F. (n.d). *Introduction to Physiological Psychology*. New York : Harper dan Row.
- Tim Karya Tulis Ilmiah Mahasiswa Fakultas Kedokteran Universitas Diponegoro Semarang. (2005). *Pengaruh Stres Akibat Cemas Ujian Semester Terhadap Jumlah Leukosit Mahasiswa Fakultas Kedokteran UNDIP Angkatan 2001*. [http://www.m3undip.org/ed2/artikel\\_03\\_full\\_text\\_01.htm](http://www.m3undip.org/ed2/artikel_03_full_text_01.htm). Diambil secara online pada 12 Januari 2008.
- Trisandhya, Mitra. (2005). *Psikosomatis pada Mahasiswa yang Akan Menempuh Ujian Skripsi Ditinjau dari Kecemasan Menghadapi Ujian*. Fakultas Psikologi

- Universitas Katolik Soegijapranata Semarang. *Jurnal Psikologi Sosial*, Vol. 11, No. 3, 22-29.
- Walsleben, Joyce. (1982). Sleep Disorders. *The American Journal of Nursing*, Vol. 82, No. 6, 935-940.
- Wijanto, Setyo H. (2008). *Structural Equation Modeling, Konsep dan Tutorial*. Yogyakarta : Graha Ilmu.
- Wolman, Benjamin B. dan Sticker, George. (1994). *Anxiety and Related Disorders*. New York: John Wiley dan Sons, Inc.
- Zarfiel, Miranda D. (2001). *Keberhasilan Belajar di Perguruan Tinggi*. Depok : FPSi UI.
- Gangguan Insomnia, Dapatkah Disembuhkan?*  
([http://www.jawaban.com/news/health/detail.php?id\\_news](http://www.jawaban.com/news/health/detail.php?id_news)). Diambil secara online pada 1 Februari 2008.