

DAFTAR REFERENSI

- Allison, D.B. (1995). *Handbook of Assessment Methods for Eating Behaviors and Weight-Related Problem, Measure, Theory and Research*. London:Sage Publ.
- Almatsier, S. (2001). *Prinsip Dasar Ilmu Gizi*. Jakarta: PT.Gramedia Pustaka Utama.
- ANRED. (2008). "Statistics: How Many People Have Eating Disorders?", <http://www.anred.com/stats.html>. Maret 24, 2008.
- Arini, F.A. (2006, Oktober). Studi tentang Upaya Penurunan Berat Badan pada Remaja Putri: Studi pada Siswi SMP di Surabaya. Skripsi. Fakultas Kesehatan Masyarakat Universitas Airlangga. Surabaya. Februari 3, 2009. <http://www.unair.ac.id>.
- Asmaradewi, M.D. (2001). *Perbedaan Harga Diri dan Kepuasan Citra Tubuh pada Remaja Putri dan Putra yang Kegemukan*. Skripsi Mahasiswa Fakultas Psikologi. Universitas Indonesia. Depok.
- Brown, J.E., et.al. (2005). *Nutrition Through the Life Cycle 2nd edition*. United States of America: Thomson Wadsworth.
- Calhoun, J.F & Acocella. (1990). *Psikologi Tentang Penyesuaian dan Hubungan Kemanusiaan Edisi Ke-3* (R.S Satmoko, Penerjemah). USA: Mc Graw-Hill.
- Data Riskesdas. (2007).
- Davis, B. (1999). *What's Real, What's Ideal: Overcoming a Negative Body Image*. New York: Rosen Publishing Group, Inc.
- Dwyer, J.T., Feldman, J.J., Mayer, J. (1967, Oktober). Adolescent Dieters: Who Are They? Physical Characteristics, Attitudes and Dieting Practices of Adolescent Girls. *The American Journal of Clinical Nutrition*, 20,1045-1056.
- Fairburn, C.G., et.al. (1998). Risk Factors for Binge Eating Disorder. *Archives General Psychiatry*, 55,425-432. <http://www.archgenpsychiatry.com>.
- Field, A.E. et al. (1999). Relation of Peer and Media Influences to the Development of Purging Behaviors Among Preadolescent and Adolescent Girls. *Archives Pediatrics Adolescent Medicine*, 153, 1184-1189. April 1, 2008. <http://www.archpediatrics.com>
- Field, A.E., et.al. (2001, Januari). Peer, Parent, and Media Influences on the Development of Weight Concerns and Frequent Dieting Among Preadolescent and Adolescent Girls and Boys. *Pediatrics*, 107,54-60. April 3, 2008. <http://www.pediatrics.org>

- Field, A.E., et.al. (2005, Desember). Weight Concerns and Weight Control Behaviors of Adolescents and Their Mothers. *Arch Pediatr Adolesc Med*, 159, 1121-1126. April 2, 2008. <http://www.archpediatrics.com>
- French, S.A., Perry, C.L., Leon, G.R., Fulkerson, J.A. (1994). Weight Concerns, Dieting Behavior and Smoking Initiation Among Adolescents: A Prospective Study. *The American Journal of Public Health*, 84, 1818-1820.
- French, S.A., Story, M., Downes, B., Resnick, M.D., Blum, R.W. (1995, May). Frequent Dieting among Adolescents Psychosocial and Health Behavior Correlates. *American Journal of Public Health*, 85, 695-701. April 2, 2008.
- Grange, D., Telch, C.F., Tibbs, J. (1998, Februari). Eating Attitudes and Behaviors in 1,435 South African Caucasian and Non-Caucasian College Students. *American Journal Psychiatry*, 155:250-254. April 3, 2008.
- Gunarsa, S.A dan Gunarsa, Y.S.A. (1995). *Psikologi Perkembangan Anak dan Remaja*. Jakarta: Gunung Mulia.
- Heinberg, et.al. (1996). *Body Image. In Rickets, VI (Ed). Adolescent Nutrition Assesment and Management*. New York : Chapman and Hall.
- Hurlock, E.B. (1991). *Psikologi Perkembangan: Suatu Pendekatan Sepanjang Rentang Kehidupan Edisi ke 5*. Jakarta: Erlangga.
- Issue Briefs. (2000). *Body Image & Advertising. Mediascope Press*. California: Studio City. <http://www.mediascope.org/pubs/ibriefs/bia.htm>
- Karnaeni, Heny. 2000. *Kepuasan Citra Tubuh Pada Wanita Peserta Senam Body Language (Perbedaan Antara Peserta Lama dan Peserta Baru)*. Skripsi Mahasiswa Psikologi. Universitas Indonesia. Depok.
- Khomsan, A. 2003. *Pangan dan Gizi Untuk Kesehatan..* Jakarta: UI Press.
- Krowchuk, D.P., Kreiter, S.R., Woods, C.R., Sinal, S.H., DuRant, R.H. (1998, September). Problem Dieting Behaviors Among Young Adolescents. *Arch Pediatr Adolesc Med*, 152, 884-888. April 1, 2008. <http://www.archpediatrics.com>
- Krummel, D.M & Penny, M.K. (1996). *Nutrition in Women's Health*. Maryland: Aspen Publisher's Inc.
- Kurnia, W. (2008). *Gambaran dan Faktor-Faktor yang Berhubungan dengan Kecenderungan Penyimpangan Perilaku Makan Pada Siswi SMAN 70 Jakarta Selatan Tahun 2008*. Skripsi. Fakultas Kesehatan Masyarakat Universitas Indonesia. Depok.

- Lutfah, M. (2004). *Hubungan Kebiasaan Konsumsi Makanan Siap Saji Modern dengan Status Gizi pada Remaja SMA terpilih di Kota Bandung*. Skripsi Fakultas Kesehatan Masyarakat Universitas Indonesia. Depok.
- Malinauskas, B.M., Raedeke, T.D., Aeby, V.G., Smith, J.L., Dallas, M.B. (2006, Maret). Dieting Practices, weight perceptions, and body composition: A comparison of normal weight, overweight and obese college females. Maret 27, 2008.
- McVey, G., Tweed, S., Blackmore, E. (2004, Mei). Dieting among preadolescent and young adolescent females. *Canadian Medical Association*, 170 (10), 1559-1561.
- Neumark-Sztainer, D., Hannan, P.J. (2000, Juni). Weight-Related Behaviors Among Adolescent Girls and Boys. *Arch Pediatr Adolesc Med*, 154, 569-577. April 2, 2008. <http://www.archpediatrics.com>
- Neumark-Sztainer, D., Story, M., Hannan, P.J., Perry, C.L., Irving, L.M. (2002, Februari). Weight-Related Concerns and Behaviors Among Overweight and Nonoverweight Adolescents. *Arch Pediatr Adolesc Med*, 156, 171-178. April 2, 2008. <http://www.archpediatrics.com>
- Puri, R.R. (2003). *Citra Tubuh Remaja Pada Siswa Kelas 2 SMUN I Bekasi tahun 2003*. Skripsi Fakultas Kesehatan Masyarakat Universitas Indonesia. Depok.
- Rice, C. (1995). *Body Image Table of Contents, Promoting Healthy Body Image*. <http://www.opc.on.ca/beststart/bodyimg/httoc.html/>
- Rickert, V.I. (1996). *Adolescent Nutrition Assessment and Management*. USA.: Chapman & Hall.
- Sarafino, E.P. (1998). *Health Psychology Biopsychosocial Interaction 3rd edition*. New York : John Wiley & Sons, Inc.
- Sizer, F.S. & Whitney, E. (2006). *Nutrition Concepts & Controversies 10th edition*. Belmont: Thomson-Wadsworth.
- Strauss, R.S. (1999, Juli). Self-Reported Weight Status and Dieting in a Cross-sectional Sample of Young Adolescents. *Arch Pediatr Adolesc Med*, 153, 741-747. April 1, 2008. <http://www.archpediatrics.com>
- Suka, Machi et.al. (2006). Body Image, Body Satisfaction and Dieting Behavior in Japanese Preadolescents: The Toyama Birth Cohort Study. *Environmental Health and Preventive Medicine*, 11, 24-30.
- Tambunan, Raymond (2002, Januari). *Anorexia Nervosa*. <http://www.e-psikologi.com/remaja/180102.htm>.

The Associated Press. (2007). Diet Articles Trigger Unhealthy Behavior in Girls: Study. <http://www.cbc.ca.htm>

Tomoko, I., Keiko.N., Akira.T. (2005). Dieting Behavior of Female Adolescents- From the Survey of Health Behavior. *Journal of Nishikyushu University & Saga Junior College*, 35,35-43.

Wardlaw, G.M & Kessel, M.W. (2002). *Perspectives in Nutrition fifth edition*. New York: McGraw-Hill Companies.

Wardlaw, G.M. (1999). *Perspectives in Nutrition fourth edition*. New York: McGraw-Hill Companies.

Wharton, C.M., Adams, T., Hampl, J.S. (2008, Maret). Weight Loss Practices and Body Weight Perceptions Among US College Students. *Journal of American College Health*, 56, 579-585.

Worthington, B.S dan Sue R.W. (2000). *Nutrition Throughtout The Life Cycle 4th edition*. Singapore: Mc Graw Hill.

[http:// www.natural-health-information-centre.com.2009](http://www.natural-health-information-centre.com.2009) .

”Self-esteem”, <http://en.wikipedia.org/wiki/Self-esteem>. 2008. April 11,2008.