

Without ritalin : a natural approach to ADD

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Abstrak

Safe and effective holistic treatments proven successful for more than 3,000 patients We spent \$373 million on Ritalin and its generic counterparts in 1996; today, some 4 million children are taking the drug daily. Is it any wonder that parents are searching for safe, nontoxic, drug-free alternatives? In Without Ritalin, Dr. Samuel Berne explains the approach with which he has successfully treated more than 3,000 ADD/ADHD-diagnosed patients, including information on detoxification, nutrition, and developmental learning programs and activities.