

Efektivitas Paket Dukungan Keluarga (PDK) Terhadap Respon Perilaku Nyeri Bayi Yang Dilakukan Prosedur Imunisasi Di RSUP Prof. Dr. R.D. Kandou Manado = The Effect of Family Support Package on the Pain Response of the Infant when they are having Immunization in Prof. Dr. R.D. Kandou Hospital, Manado

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Abstrak

Penanganan nyeri pada bayi yang dilakukan suntikan imunisasi belum optimal, sementara metode menurunkan nyeri yang teridentifikasi tidak digunakan dengan rutin. Tujuan studi mengetahui efektivitas paket dukungan keluarga (PDK) terhadap respon perilaku nyeri bayi yang dilakukan suntikan imunisasi. Desain penelitian quasi eksperiment, sampel 30 bayi intervensi dan 30 bayi kelompok kontrol. Pengukuran nyeri menggunakan modified behavior pain scale (MBPS) melalui rekaman video. Hasilnya terdapat perbedaan rerata respon nyeri kelompok intervensi lebih rendah dibandingkan dengan kelompok kontrol dimana $p \text{ value} < 0,05$ ($p = 0,000$ pada $= 0,05$). Implikasi keperawatannya adalah optimalisasi keterlibatan keluarga dalam manajemen nyeri bayi yang dilakukan suntikan imunisasi.

.....Treatments for decreasing the pain when the infant is having immunization are not sufficient, while some methods in decreasing pain are not well implemented. The purpose of this study is to examine the effect of family support package on the pain response of the infant when they are having immunization. This study used quasi experiment design. Total sample is 60 respondents, where 30 respondents in control and another 30 respondents in intervention groups. Pain was measured by using modified behavior pain scale (MBPS) on patient's recorded video. The result shows that intervention group's mean scores are significantly lower than control group's where $p \text{ value} < 0,05$ ($p=0,000$, $= 0,05$). The nursing implication from this study is that optimizing the family involvement in pain management on the baby who are having immunization are important.