

## Quick team-building activities for busy managers: 50 exercises that get results in just 15 minutes

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### Abstrak

Every group can benefit from team-building exercises. But sometimes it's not practical to embark on a full-scale training initiative. Now, supervisors, managers, and team leaders have 50 team-building activities to choose from, all of which can be implemented with no special facilities, big expense, or previous training experience.