

## Hubungan antara kontrol diri dan kualitas pertemanan pada anak berkebutuhan khusus di sekolah dasar inklusif = The relationship between self control and friendship quality in children with special needs in inclusive primary school

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### Abstrak

Penelitian ini dilakukan untuk membuktikan adanya hubungan antara kontrol diri dan kualitas pertemanan pada anak berkebutuhan khusus di sekolah dasar inklusif. Selain itu, penelitian ini juga bertujuan untuk melihat perbedaan kualitas pertemanan dan kontrol diri berdasarkan jenis kelamin. Pengukuran kontrol diri dilakukan menggunakan adaptasi alat ukur Social Skills Improvement System SSIS yang dikembangkan oleh Gresham dan Elliot 2008. SSIS memiliki 7 tujuh dimensi yang terdiri dari kerjasama, komunikasi, empati, asertif, keikutsertaan, tanggung jawab, dan kontrol diri. Dalam penelitian ini, peneliti hanya mengukur dimensi kontrol diri. Pengukuran kualitas pertemanan dilakukan dengan alat ukur Friendship Quality Questionnaire yang dikembangkan oleh Parker dan Asher 1993. FQQ memiliki 6 enam dimensi yang terdiri dari validation and caring, conflict resolution, conflict and betrayal, help and guidance, intimate exchange, serta companionship and recreation. Responden dalam penelitian ini berjumlah 84 responden dengan karakteristik berusia 6-12 tahun, memiliki satu jenis kebutuhan khusus yang tergolong ringan, serta memiliki kemampuan membaca dan menulis. Melalui teknik pearson correlation, diperoleh hasil bahwa terdapat hubungan antara kontrol diri dan kualitas pertemanan pada anak berkebutuhan khusus  $r=0,444$ , p. ....This research is conducted to prove that there is a relationship between selfcontrol and friendship quality in children with special needs in inclusive primary school. The differences of friendship quality and self control based on gender are also examined. Self control is measured with an adaptation of Social Skills Improvement System SSIS which was developed by Gresham and Elliot 2008. SSIS has 7 seven dimensions which consists of cooperative, communication, emphaty, assertive, engagement, responsibility, and selfcontrol. In this research, specifically researcher only measure the self control dimension. Friendship quality is measured with Friendship Quality Questionnaire which was developed by Parker and Asher 1993. FQQ has 6 six dimensions which consists of validation and caring, conflict resolution, conflict and betrayal, help and guidance, intimate exchange, and companionship and recreation. Eighty four participants aged 6 ndash 12 years old, has only one type of special needs that classified as mild, and have ability to read and write, participated in this study. Based on pearson correlation technique, there is relationship between self control and friendship quality in children with special needs  $r 0,444$ .