

Hubungan antara karbohidrat dan factor lain dengan gula darah pada penderita hipertensi di Puskesmas Tegal Gundil Kecamatan Bogor Utara tahun 2017 (data sekunder) = Relationship between carbohydrates and other factors with blood sugar in hypertensive patients in Tegal Gundil Health Center, North Bogor District in 2017 (secondary data)

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Abstrak

Penelitian ini bertujuan mengetahui Hubungan antara karbohidrat dan factor lain dengan gula darah pada penderita hipertensi di Puskesmas Tegal Gundil Kecamatan Bogor Utara tahun 2017 (Data Sekunder). Desain penelitian menggunakan cross sectional penelitian dengan observasi dengan pengumpulan data dalam satu waktu di puskesmas Tegal Gundil Kecamatan Bogor Utara Tahun 2017. Hasil penelitian ini tidak ada hubungan antara variabel independen dan dependen. Kadar Gula sewaktu peneliti rata-rata 133,72 mg/dl, kadar gula terendah 69 mg/dl dan tertinggi 407 mg/dl. Disarankan untuk melakukan melakukan pengecekan gula darah sewaktu secara rutin, agar gula darah terkontrol.

.....This study aims to determine the relationship between carbohydrates and other factors with blood sugar in patients with hypertension in the Tegal Gundil Health Center in North Bogor District in 2017 (Secondary Data). The study design used cross-sectional research with observations by collecting data at one time in the Tegal Gundil Community Health Center, Bogor Utara District in 2017. The results of this study there was no relationship between independent and dependent variables. Sugar content when researchers averaged 133.72 mg / dl, the lowest sugar content was 69 mg / dl and the highest was 407 mg / dl. It is recommended to do blood sugar checks regularly, so that blood sugar is controlled.