

Hubungan antara dukungan sosial dan resiliensi komunitas selama masa pandemi COVID-19 = The relationship between social support and community resilience in the time of COVID-19 pandemic

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Abstrak

Dalam situasi bencana, resiliensi komunitas menjadi aspek fundamental yang membantu anggota komunitas untuk dapat bangkit kembali. Untuk membangun resiliensi komunitas, dukungan sosial menjadi sumber daya penting untuk mengurangi dampak negatif yang dirasakan anggota komunitas. Penelitian ini dilakukan untuk mengetahui hubungan antara dukungan sosial (perceived social support) dan resiliensi komunitas pada tipe komunitas berbasis minat dan kegiatan di Jabodetabek selama masa pandemi COVID-19. Total partisipan sebanyak 164 partisipan. Pengukuran resiliensi komunitas dilakukan menggunakan CCRAM-28, sedangkan pengukuran perceived social support (PSS) menggunakan F-SozU K-14. Hasil penelitian menunjukkan terdapat hubungan yang signifikan dan positif antara PSS dan resiliensi komunitas ($r = 0.594$, $p < 0.001$). Artinya, semakin tinggi PSS pada anggota komunitas maka semakin tinggi tingkat resiliensi komunitas mereka.

.....In disaster situations, community resilience is a fundamental aspect of encouraging community members to bounce back. In order to build community resilience, social support as an important resource can decrease the negative impacts that community members suffer. This study was conducted to determine the relationship between perceived social support and community resilience in the community of practice and interest in Jabodetabek during pandemic COVID-19. There are 164 participants in total. Community resilience measurement was carried out using CCRAM-28, whereas perceived social support (PSS) measurement was carried out using F-SozU K-14. The result showed that there was a significant and positive relationship between PSS and community resilience ($r = 0.594$, $p < 0.0001$). That is, the higher the PSS in community members, the higher their community resilience would be.