

Judul:

Slowing down to the speed of life : how to create a more peaceful, simpler life from the inside out

Pengarang/Penulis:

Carlson, Richard, 1961-, author

Subjek:

Time -- Psychological aspects; Quality of life; Lifestyles; Simplicity; Stress management; Life skills

Nomor Panggil:

158 CAR s

Penerbitan:

Harper

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