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***Judul:***

Comprehensive stress management

***Pengarang/Penulis:***

Greenberg, Jerrold S., author

***Subjek:***

Stress (Psychology); Stress (Physiology); Stress (Psychology) --  
Prevention; Stress management

***Nomor Panggil:***

155.904 2 GRE c

***Penerbitan:***

McGraw-Hill

***Link Terkait:***

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