

***Judul:***

Self-directed behavior : self-modification for personal adjustment

***Pengarang/Penulis:***

Watson, David L., author

***Subjek:***

Behavior modification; Self-management (Psychology); Adjustment (Psychology)

***Nomor Panggil:***

158.1 WAT s

***Penerbitan:***

Wadsworth

***Link Terkait:***

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