

**Judul:**

Resources for teaching mindfulness : an international handbook

**Pengarang/Penulis:**

McCown, Donald, author

**Subjek:**

Psychology -- Applied Psychology; Psychology; Health Psychology; Medical -- Alternative Medicine; Social work; Teaching; Cognitive therapy; Mindfulness; Social service; Social

**Nomor Panggil:**

371.102 MCC r

**Penerbitan:**

Springer

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