

Judul:

Pengaruh pemberian terapi tarik napas dalam, hipnosis lima jari dan Progressive Muscle Relaxation (PMR) terhadap penurunan kecemasan perawat pada masa pandemi covid-19 di Bogor = The effect of giving deep breathing therapy, five finger hypnosis and Progressive Muscle Relaxation (PMR) on reducing nurse anxiety during the covid-19 pandemic in Bogor.

Pengarang/Penulis:

Dedi Sukandar, author

Subjek:

Breathing exercises--Health aspects.

Nomor Panggil:

T-pdf

Penerbitan:

Fakultas Ilmu Keperawatan Universitas Indonesia

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