

Judul:

Reinventing yourself with the duchess of york : inspiring stories and strategies for changing your weight and your life

Pengarang/Penulis:

Sarah, author

Subjek:

Weight loss--Psychological aspectst; Self-actualization (Psychology); Goal (Psychology)

Nomor Panggil:

613.7 SAR r

Penerbitan:

Simon & Schuster

Link Terkait:

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- [Universitas Indonesia Library](#)