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Judul:

Your fat is not your fault : overcome your body's resistance to permanent weight loss

Pengarang/Penulis:

Simontacchi, Carol, author

Subjek:

Weight loss; Reducing diets; Reducing diets; Recipes

Nomor Panggil:

613.25 SIM y

Penerbitan:

Jeremy P. Tarcher/Putnam

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