

Judul:

Younger You Unlock the Hidden Power of Your Brain to Look and Feel 15 Years Younger

Pengarang/Penulis:

Braverman, Eric R., author

Subjek:

Longevity -- Popular works; Aging -- Prevention; Middle-aged person -- Health and hygiene; Older persons -- Health and hygiene

Nomor Panggil:

613.2 BRA y

Penerbitan:

McGraw-Hill

Link Terkait:

- [Deskripsi Bibliografi](#)
- [Dokumen Yang Mirip](#)
- [Universitas Indonesia Library](#)