

Judul:

The brain chemistry diet : the personalized prescription for balancing mood, relieving stress, and conquering depression, based on your personality profile

Pengarang/Penulis:

Lesser, Michael, author

Subjek:

Brain chemistry; Dietary supplements; Neurochemistry; Neurochime; Personality

Nomor Panggil:

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Penerbitan:

Putnam's

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