

Judul:

The Better Brain Book: The Best Tools for Improving Memory and Sharpness and Preventing Aging of the Brain

Pengarang/Penulis:

Perlmutter, David, author

Subjek:

Brain–Aging; Memory–Improvement; Cognitive health–Prevention; Neuroprotection

Nomor Panggil:

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Penerbitan:

Riverhead Books

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